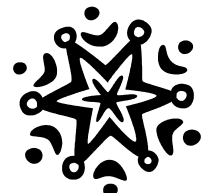




# Park District Pointers

Sullivan Community Center, 635 N. Aspen Dr., Vernon Hills, IL 60061  
(847) 996-6800 ▲ Fax: (847) 996-6801 ▲ www.vhparkdistrict.org



Jan. 2008

### Register for programs

- ▲ Online: [www.vhparkdistrict.org](http://www.vhparkdistrict.org)
- ▲ Mail to Sullivan Center
- ▲ Drop-off at Sullivan Center
- ▲ Fax: (847) 996-6801

### School Day Off Program

**Mad Science Art & Color**  
**Monday, January 21**  
**10:00 am - Noon**  
 Kids in grades 1-3

See the beauty of light and color while learning about the white light spectrum & how colors can be mixed together and taken apart. We'll make a glow-in-the-dark t-shirt, experiment with diffraction grating glasses, and see the effects of chromatography. We'll learn about the tools that artists use and the science behind them.

Loc..... Sullivan Center  
 Code .... 37163-1  
 R/NR... \$26/33

### Mark Your Calendars!

**January 29 - Magic Class**  
 Ages 5-14 6:30 & 7:30 pm

**January 30**  
Lottery deadline for programs in the Summer Planner brochure:  
 summer camps, swim lessons

**February 2 - Knit Quick**  
 Ages 10 & up 1:00-3:00 pm

**February 13**  
Open registration begins at 8:30 am for Summer Planner programs.

**February 29**  
Registration deadline for youth baseball & softball leagues



## February Special Events



**Super Splaturday**  
**Saturday, February 9**  
**1:00 - 3:00 pm**  
 Boys, ages 4-8 with Mom

We'll start the afternoon with a totally hands-on science program by "High Touch-High Tech". We'll continue with some "Fear Factor" type games and end our afternoon making our own "gak snacks"!

NEW in 2008! 2 age groups:  
 4-6 year olds with mom  
 7-10 year olds with mom

Loc..... Sullivan Center  
 Code .... 37141-1  
 R/NR... \$20/25 couple  
 R/NR... \$10/12 each add'l child

**Just the Two of Us**  
**Friday, February 29**  
**6:30 - 8:30 pm**  
 Girls, ages 3-8 with a male  
 (18 years & older)

This event is just for girls and their special dates. Bring your dad, uncle, grandfather or other significant male! A DJ will supply the music. We'll get into the party spirit with dancing and games. All girls will receive a keepsake and everyone will be able to get creative at our ice cream/dessert bar. We'll have our camera ready, so wear your special party clothes.

Loc..... Sullivan Center  
 Code ... 37121-1  
 R/NR.. \$20/25 couple  
 R/NR.. \$10/12 each add'l child

**Mad Science Chemistry**  
**Monday, February 18**  
**10:00 am - Noon**  
 Kids in grades 4-6

We'll examine a crystal that seems to disappear in water. We'll also learn about a complex chemical reaction, then break it down step by step to examine it and explore another chemical reaction as we make sidewalk chalk.

Loc..... Sullivan Center  
 R/NR..... \$26/33  
 Code ..... 31463-2



**Let's Cook Holidays**  
**Divine Valentine**  
**Wednesday, February 6**  
**4:30 - 5:30 pm**  
 Ages 6 years & older

We'll spread a little bit of love and a little bit of luck as we prepare some delicious treats in honor of Valentine's Day. Cupid's arrow will strike your child with a love for cooking. Please dress for a mess or bring an apron to class!

Loc..... Sullivan Center  
 R/NR..... \$18/22  
 Code ..... 31452-1

*Learn the science secrets of magic!*

**Mad Science Magical Illusions** Grades 1-3  
**Friday, February 22 10:00 am-Noon**

## Baseball & Softball Summer League Information

Registration Deadline - February 29

\$50 Late Fee begins March 1

Grades for the Fall of 2008

### Boys & Girls Baseball

Shetland-K T-Ball ..Kindergtrtn

Shetland-1 T-Ball...1st Grade

### Boys Baseball

Pinto-2 ..... 2nd grade

Pinto-3 ..... 3rd Grade

Mustang..... 4th & 5th

Bronco..... 6th & 7th

Pony ..... 8th & 9th

### Girls Softball

Little Junior ..... 2nd & 3rd

Junior..... 4th & 5th

Middle..... 6th & 7th

Senior ..... 8th-11th

### Join Our Team!

Volunteer Coaches

Baseball/Softball Umpires

For more information, call

847.996.6800

### Skill Evaluation Day

Sunday, March 2

Vernon Hills High School

MANDATORY for all players in youth baseball/softball programs (except Shetland and Pinto 2 leagues) in order to help balance the teams.

11:00-1:00 ..... Mustang

11:30-12:30 .... Senior

12:30-2:30 ..... Junior

1:00-2:00 ..... Pony

2:00-3:30 ..... Pinto-3

2:30-4:30 ..... Middle

3:30-5:00 ..... Bronco

4:30-6:00 ..... Little Junior

## Fastpitch Softball Pitching Clinics

These clinics will teach beginning to advanced pitching techniques, and is an excellent opportunity for all players to improve their skills. We will film your progress if you supply a VHS tape. Bring your own glove and catcher to each session. Please bring \$10 to the first class to purchase indoor softballs. Catchers are not required to pay a registration fee.

Ages .... 9-18 years old

Date ..... M & W, 2/4-2/27, No class 2/18, make-up 2/19 at SCC

Loc. .... Hawthorn Elementaty North and South

Fee..... \$80

Code	Time
32131-2	6:30-7:00 pm
32132-2	7:10-7:40 pm
32133-2	7:50-8:20 pm
32134-2	8:30-9:00 pm



## Fitness Training For Grades 7-12

This class is an introduction to total body weight training and conditioning for teens. Learn proper techniques to strengthen all major muscle groups. This is a great way to improve overall appearance, strengthen yourself for competition, and/or understand how to condition your body.

Date ..... M-Th, 1/29-2/14

Time ..... 3:00-4:30 pm

Loc. .... Sullivan Fitness Center

R/NR ..... \$80/100

Code ..... 35240-2



## Digital Movie

### Creator

Children will become movie-makers using Digital Blue Digital Movie Creator. After they shoot their own video clips with the digital movie camera, they will download and save their video and audio clips onto the hard drive. They can then edit their movie, add a title, credits, special effects, animation, sound effects and music to create their own personal movie.



Ages .... 8-13 years old

Date ..... Thurs., 1/24-3/13

Time ..... 4:00-5:00 pm

Loc. .... Sullivan Center

R/NR ..... \$115/143

Code ..... 31473-1

## Top of Your Game Athletic Conditioning for Girls Only

Our continuous, vigorous activities focus on endurance, strength, flexibility, and athletic skill development. Each class includes a warm up, aerobic endurance segment, strength training, and cool down/stretch. Activities include obstacle courses, circuit training, relay races, speed & agility drills, jumping rope, and action packed games.

Ages .... 9-13 years old

Date ..... Wed., 1/23-2/27

Time ..... 4:15-5:00 pm

Loc. .... Hartmann Pavilion

R/NR ..... \$60/75

Code ..... 31442-1

## Kids' Fitness

Do your kids need to get more exercise? Do they need to get motivated? Then this is the class for them! Kids Fitness uniquely combines games, activities and exercises.

Ages .... 8-13 years old

Date ..... T/Th, 2/5-2/28

Time ..... 3:10-4:00 pm

Loc. .... Sullivan Fitness Center

R/NR ..... \$50/63

Code ..... 35511-2

Register early!  
Classes fill quickly