



# Park District Pointers

Sullivan Community Center, 635 N. Aspen Dr., Vernon Hills, IL 60061  
(847) 996-6800 • Fax: (847) 996-6801 • www.vhparkdistrict.org



Sept. 2007

**Special Event just for you & your dog!**



## Howlween Boneanza

Saturday, October 6

10:00-11:30am

Grosse Pointe Park



Dog Bone Hunts, Best Costume Contest, Trick Contest  
Prizes donated by PETCO!



Dogs are to be leashed at all times



Pre-registration required. Must provide proof of current rabies & distemper vaccinations. Fee: \$5 per dog



### Let's Cook

A pinch of sour and a dash of sweet  
Stir them together to make our treat  
Measuring, table setting, and cleaning up will be our new skills.  
Who knew that cooking would be such a thrill!

Parents, each week we expect a mess,  
So with an apron or in play clothes your child should dress.

Ages.....6 years & older

Date .....Wednesdays, 9/19-10/10 code# 21451-1  
Wednesdays, 10/17-11/14 code# 21451-2

Time .....4:30-6:00 pm

Location ....Sullivan Community Center, Mtg. Rm. A & Kitchen

R/NR fee ...\$72/\$90

### Knit Quick

Learn to knit a scarf in minutes. This is a great mom and daughter learning activity. Within 2 hours, you'll learn to knit and then begin to create your own fashionable, fun scarf using the beautiful, textured yarns you can find in any craft store. You'll learn to cast-on, knit, increase, decrease, bind-off, and apply fringe. Each participant will need to bring 1 skein of smooth or textured yarn, 1 pair of knitting needles (size 8 to 19) and an optional point protector.

Age..... 10 years & older

Date ..... Saturday, October 6

Time ..... 1:00-3:00 pm

Loc. .... Sullivan Community Center, Preschool Room A

R/NR..... \$25/31

Code ..... 20181-1



**Welcome Back Kids!**  
**Have a great 2007/08**  
**school year!**

### Clay Monet Classes

Pieces will be fired off-site and returned in one week to the Park District for pickup. Completed fired pieces are food and dishwasher safe.

Age..... 4 years & older

(A parent must be present with children under 8 years old)

Loc. .... Sullivan Center

R/NR..... \$29/\$36

### Pirate Treasure Chest

Find the hidden treasure of painting ceramics. Be a pirate for a night and create your own ceramic treasure box and paint a clay parrot!



Date ..... Monday, September 24

Time ..... 6:00-7:00 pm

Code ..... 21413-1

### Pumpkin Plates

We will turn a dinner plate into your own personalized jack-o-lantern. Bring your ideas for a scary, silly, cute, happy, sad or funny face! Our instructor will show everyone easy to do sponging techniques to create your one of a kind pumpkin face. This evening is sure to please at any age.

Date ..... Monday, October 8

Time ..... 6:00-7:00 pm

Code ..... 21413-2

## Track

Ready to maximize your speed and improve your fitness in a fun atmosphere? This six-week clinic features instruction from a track star, and is guaranteed to get your heart pumping! This co-ed class will focus on skill-enhancing drills for maximum speed, performance and cardio endurance. Stretching, light resistance training speed and agility drills are stressed. Perfect for those who wish to compete in track, cross-country or other speed sports like soccer and basketball.

Age..... Grades 4-8  
Date ..... Thursdays, 10/11-11/15  
Time ..... 6:30-7:30 pm  
Loc. .... Hawthorn MS - North  
Fee ..... \$105  
Code ..... 22971-1

## Fitness Training For Grades 7-12

This class is an introduction to total body weight training and conditioning for teens. Learn proper techniques to strengthen all major muscle groups. This is a great way to improve overall appearance, strengthen yourself for competition, and/or understand how to condition your body.

Age..... Grades 7-12  
Date ..... M-Th, 10/1-10/25  
Time ..... 3:00-4:30 pm  
Loc. .... Sullivan Fitness Center  
R.NR ..... \$75/\$94  
Code ..... 25240-2

## Fall Golf Lessons for Beginners & Intermediate

Age..... 8-adult & parent/child  
Date ..... Sept. 24-Oct. 27  
Loc. .... Golf Learning Center  
Lbtyvle Sports Complex  
R/NR..... \$150/\$189

Each class is 90 minutes long.  
Refer to the fall brochure or website for lesson times.

## Promising Picassos

Learn to draw or work on technique...this drawing class brings out the best in young artists! Younger children will work on fine motor development and organizational skills while older children receive training in fundamental drawing techniques and creative expression. All materials are supplied.

Date ..... Thursdays, 10/11-11/1  
Loc. .... Sullivan Ctr., PS Rm. A  
R/NR..... \$39/\$49

Age..... 4-6  
Time ..... 3:30-4:15 pm  
Code ..... 21911-2

Age..... 7-12  
Time ..... 4:30-5:30 pm  
Code ..... 21912-2

## Promising Picassos: Monster Mash

Watch out! Something very scary is lurking...you are invited to a Monster Mash! You will meet all kinds of ghoulish new friends in this exciting art class. We will be illustrating mummies, vampires, witches and zombies...It will be a scream!

Age..... 6-12  
Date ..... Thursdays, 10/11-11/1  
Time ..... 5:45-6:45 pm  
Loc. .... Sullivan Ctr., PS Rm. A  
R/NR..... \$39/\$49  
Code ..... 21913-2

## Family Golf Lessons

Bring out the family for afternoon of golf! Short game, full swing and contests will make the afternoon fun for everyone.

Dates ..... Sundays: 9/23-22971-2,  
10/7 - 22971-3, 10/21 - 22971-4  
Time ..... 12:00-1:30 pm  
Loc. .... Golf Learning Center  
Lbtyvle Sports Complex  
Fee ..... \$35 per person

## Great news for parents!

The Sullivan Community Center & the Laschen Community Center are equipped with **WiFi - Wireless Internet**  
Work on your laptops while your kids are in class.

## Mad Science

Mad Science offers hands-on science with lots of fun and excitement. Some of the cool program topics we will explore include Stunt Planes and Gliders, Che-Mystery, Wacky Waves and lots more. Each week will focus on a different, spectacular science topic. Each Mad Scientist will be making some great take home projects too, including a wave modulator, crystal garden, stunt plane and more. All materials are included.

Age..... Grades 1-3  
Date ..... Wed., 9/26-11/28  
No class 10/31,11/21  
Time ..... 4:00-5:00 pm  
Loc. .... Laschen Center  
R/NR..... \$109/\$136  
Code ..... 21481-1

## Checkmate Chess

Learn how to win at chess! No previous knowledge of chess is necessary. Both beginners and experienced players are welcome and will get to the next level under the guidance of an experienced Chess Scholars coach. Each class will consist of a fun interactive teaching period and guided practice time. There will also be a chess competition with prizes at the end of the session.

Age..... 6-13  
Date ..... Thursdays, 9/20-10/25  
Time ..... 6:00-7:00 pm  
Loc. .... Laschen Center  
R/NR..... \$72/\$90  
Code ..... 21492-1