



Attendance*** Please, **always let the camp director know when your child will not be in attendance** by sending an advanced note. Prior to the start of camp, this can be done by calling 847.996.6800.

If you have any questions regarding the topics below - we're only a phone call away! 847.996.6800

CAMP GROUPS:

Girlfriends camp forms groups day one of camp. Girlfriends camp does not honor friendship requests. Please see Director for more information if you have questions concerning this. Some groups are all one grade however, if there are not enough kids in a particular grade to fill the group, multiple grades may make up the group. Please don't be discouraged if your child isn't in the same group as all her friends. There are PLENTY of times that campers will get the chance to interact with each other everyday – plus they'll get the chance to make new friends!

DISPENSING OF MEDICATION & FOOD ALLERGY POLICY/WAIVER Forms

If your child requires us to dispense medication during camp hours, please fill out **Medical Waiver &/or Allergy Form(s)** online. Forms must be submitted **two weeks** prior to the start of camp each session.

PROPER ATTIRE:

Before the first week of camp ends, children will receive one camper shirt for Girlfriends Camp.

Proper attire is of great importance. We strongly recommend sending your child dress in comfortable, weather appropriate clothing and tennis shoes (NO Sandals or flip flops). On Fieldtrip Fridays, children must wear their Girlfriends camper shirts.

BAD WEATHER DAYS:

Camp: On days of extreme heat and rain, we will limit our outdoor activities and stay inside.

Scheduled Pool Days : Twice a week almost every camp at VHPD attend the FAC for recreational swimming. Our rule is, if the pool is open, we go! We do not separate campers on pool days. Campers are not forced to swim, but again, everyone in attendance does go.

SUNSCREEN:You should send sunscreen with your child each day. On our pool and water park fieldtrip days, campers and counselors will apply sunscreen when preparing to leave the campsite. Campers 4th-6th grade are responsible for applying their own, staff will help if asked.

PERSONAL POSSESSIONS: **The following items should not be brought to camp: Cell phones, water guns, music players, hand-held video game systems, trading cards and stuffed animals...** Campers who bring such items acknowledge VHPD is not responsible for lost, stolen or damaged possessions that do not belong at camp. When items get lost or broken it makes for an upsetting experience rather than the happy one we want camp to be. It is a situation we hope to completely avoid. Similarly, if campers bring money, they are responsible for it. Directors and Counselors will not hold money for campers during regular days, pool days or fieldtrips.

LUNCHES:

After checking in for attendance with their Counselor/Director, campers start the day with fun activities! Lunch will depend on the activity at play, however campers can expect to eat between 11:30-12:30 time range. Each camper will need to bring a **labeled sack lunch and drink.**

Insulated lunch bags are a great idea! Please no perishable items as refrigeration is not available. We prefer you refrain from sending glass containers with your child. You may choose to send a refillable water bottle with your child as well so she can refill it at the drinking fountain. **Please See Page 2 for details on Culvers Lunch Program.**

ACCEPTABLE CAMP

BEHAVIOR:

We realize some children are permitted to be less restricted in the language they use at home, however, not all homes are as tolerant. Please note that we do not condone inappropriate language at camp. Please have a talk with your child about what language is suitable at camp. We ask that you please talk to your child about refraining from name-calling and taunting other campers. These types of behaviors can be classified as bullying and those individuals who partake in such behaviors are in violation of our Participant Conduct Policy and will be dealt with accordingly. VHPD has a removal policy for three strike offenders. If your child believes she is being bullied at camp, please bring this to the immediate attention of the Camp Counselor or Camp Director. We want to resolve such situations as soon as possible.



What's Next?

What to expect next?

The first day of camp! June 13th!

After receiving this letter the next time you will hear from us will be the first day of camp!

That Monday (June 13th) groups will be formed & girls will jump right into summer fun!

Pick-up Policy.

At 3:00p.m. daily, staff will be waiting outside for you to pick your child up. We ask that you exit your car with a photo I.D. in hand for at least the first week of camp while counselors familiarize themselves with you (Also, this holds true at the pool). Your child will be with their counselor/Director. The Director or Counselor will be on hand if you need help. Please bring I.D.s to the pool and look for your child's Director or Counselor of your child if you plan on taking your child home from the pool early. If you have a different last name on your I.D. than your child, please make note of this on your information forms. Thank you!

Swim Day(s) Lunch Program: Culvers

If you paid \$40 for the camp lunch program, your child on the swim days will be on a roster of pre-registered lunch special participants and will eat Culvers food options in the pool concession area with all other campers. . This is a pre-registered only lunch option! Campers not enrolled will bring their sack lunches to the pool to eat with everyone as a camp. It is not too late to add the Lunch Program option for your camper! Contact the front desk at 847.996.6800 for more information or to register. Pg 14 of the Summer Planner for details.

Privacy & Respect of Staff at Camp

After work staff too go home to their families, friends and other jobs and responsibilities/obligations. I ask that you make mutual meeting times that work best for both yourself and a staff member should a particular situation arise. Directors phone availability is 9:00-3:00 M-F Only unless otherwise discussed. With respect to privacy., we do not divulge information about your camper(s) to anyone outside of the staff that needs to be aware of situations that may arise. In that same respect, I do not divulge personal information about my staff to anyone. This includes personnel topics, disciplinary actions, phone numbers, age, educational background or otherwise. Thank you in advance for your cooperation.

FAC: Family Aquatic Center aka "Pools Days"

POOL DAYS: Mondays & Thursdays (the first week of camp only, swim days will be Tues the 14th & Thurs. 16th) not Monday.

On Mondays & Thursdays we will go across the street to the Family Aquatic Center for an afternoon of lunch & open swimming (approximately 12:00-2:00p.m.). All campers will need to wear a swimming suit and bring a towel and sun-screen with them. Campers are identified in each camp by a colored wrist band. This is a closely supervised activity as the pool is open to the public. 1st-4th graders are required to stay with their group and counselors at all times. 5th & 6th graders are required to follow the triple buddy system, **If your child will be going home with you or another family during swim days, we ask that you please submit a note to the Camp Director or Assigned Counselor making us aware of this, we will card! We encourage you to indicate any parents who might be doing this on your Transportation Authorization form.** If we are unsure, don't be surprised if you receive a phone call to double check. I.D.s are a must. Please bring your photo I.D. with you should you pick your child up from the pool. Again, We will be carding! You will be able to find the sign-out attendance sheet either with the Director or an Assigned Counselor.

*Very Important! 2 Week Before Camp Deadline. Camper Data Forms***PARTICIPANT INFORMATION FORMS aka- Camper Data Forms**

These forms are some of the most important! These forms are copied and distributed to the Director and Camp Counselor of your child. These forms make us aware of any and all important information we need to know about your child including, who has permission to pick them up, allergies, behavior concerns, fears, medications...

The earlier completed forms arrive, the more organized we can be before camp starts! They are posted online for print.

www.vhparkdistrict.org / Programs/ Summer Camp- right side of page on top.

Meet the Director....

Welcome to Girlfriends Camp!

For the 15th year, Mrs. Peggy Coleman will be joining us as Director!

Peggy and her husband live in Mundelein with their 5 children.

During the school year Peggy is a Montessori preschool teacher.

Peggy grew up in Park Ridge, Il. and enjoys long walks, family time and her dogs Nikki and Charles.



Camper Data Forms: **Please submit no later than 2 weeks prior to the start of camp.**

Camp Data Forms can be found on the website

VHPD is excited to have opened up Extended Camp both A.M. & P.M. to the campers at Girlfriends.

More information regarding this can be found in the Summer Planer Brochure. Extended Camp is held at Sullivan Community Center.

You can Choose A.M. care 7-9a.m., P.M. care 3-6p.m. or both!

Campers will be walked by a Counselor daily.

Girlfriends

M-F June 13-August 5th

9:00-3:00

Community Room

Sullivan Community Center

635 N. Aspen

Camp Phone: 847.996.6800

Fieldtrips:

(are always Wednesdays)

Swim days the first week of camp will be Tuesday- 14th & Thursday-16th. (not Monday)

Camp Days Lay-Out:

M: Swim Days- FAC (Family Aquatic Center)

T: Activity Days

W: Fieldtrip Days

H: Swim Days- FAC (Family Aquatic Center)

F: Activity Days