

## Paint Your Own Postage Stamps

This season students will paint an oil piece of a subject dear to you. We'll turn that piece into an approved U.S. Postage Stamp.

Should students wish to "purchase" their created stamps, they will pay an additional fee based on each sheet of 20 stamps.



Ages: 16 years & older

Code	Date	Day	Time	Fee
20132-1	9/24-11/12	W	10:30-1:30p	\$150

Sullivan Center, Meeting Room B  
Lynn Nemrava

## Adult Beginning Piano

Upon completion of this course students will have learned how to play some of the most popular music ever written, including repertoire from the classics, pop, jazz, and Broadway. A thorough understanding of the basic concepts of music is achieved as well as an "I-can-do-it" attitude. The purchase of course materials is recommended prior to the start of the class. If you have already completed the Beginners course, call Karnes Music to inquire about the next level of classes.

Ages 13 & older

Code	Dates	Day	Time	Fee*
20611-1	9/16-11/4	T	7:00-7:45p	\$96
20611-2	9/17-11/5	W	7:00-7:45p	\$96

\*plus materials

Karnes Music, 700 N. Milwaukee Ave. Vernon Hills

For more information on materials' fees, call Karnes Music at (847) 367-1681



Do you have a special talent or interesting hobby that you would like to share with others?

Call Kelly Cushion at (847) 996-6805 to discuss teaching an adult class at the Park District.



## Portraits

Learn how to achieve a "likeness" through the observance of values. Oils, pastels or pencils the method you'll use is your decision. Bring a favorite photo to class.

Ages: 16 years & older

Code	Date	Day	Time	Fee
20132-1	12/3-1/28	W	10:30-1:30p	\$112
No class 12/24 or 12/31				

Sullivan Center, Meeting Room B  
Lynn Nemrava

# Adult Variety Power Hour Classes

## POWER HOURS

These classes are designed for adults who are on the go.

If you aren't able to find the time to commit to a multi-week class these short workshop style classes will be right up your alley.

### Financial Workshop for Individual Investors

This workshop will be an overview of investing information. The course is designed to provide participants with a greater understanding of financial and investment topics. It contains four main areas: Starting your Investment Journey, Moving Down the Road to your Financial Goals, Arriving at Retirement, and Establishing your Legacy with additional modules that cover specific investing topics.

Ages: Adults

R/NR Fee: \$24/30

Code	Dates	Day	Time
20631-1	10/16,23,30 & 11/6*	Th	7:00-9:00p
20631-2	10/11,18,25 & 11/8*	S	9:00-11:00a

Thomas J. Riordan, Jr, AAMS Financial Advisor.

\*The fourth class will be co-presented by Mr. Gary R. Waitzman, an estate planning attorney from The Law Offices of Gary R. Waitzman LLC.

### Gardening Workshop

Are you a gardener who looks forward to spring but all too soon the familiar feelings of soreness in your back, knees, and shoulders reminds you what you weren't doing all winter? We often forget there is more to prepare than the soil and seeds. How about your back, legs, and shoulders?



Join us to find out how you can get your body ready for the fun and satisfaction of gardening without the aches and pains! Learn how to stretch, move, lift and strengthen specifically related to gardening from the experts!

This class is taught by physical therapists from Creative Rehab. It will consist of a combination of lecture, discussion, practice, and exercises. Multiple therapists will be on hand to provide individual instruction during the class. Come prepared to move and participate!

Ages: Adults

Code	Date	Day	Time	Fee
20621-1	9/13	S	9:00-11:30a	\$42

Sullivan Community Center, Meeting Room A  
Physical Therapists of Creative Rehab

### Adult Computer Classes

These classes are taught by Bill Wood. Bill is a Bio-medical Engineer who graduated from the Milwaukee School of Engineering. He began programming in 1981, programming Microsoft Access in 1994 and Excel in 2005. He has taught MS Excel and MS Access for two years nationally. Bill has written three workbooks for Excel and Access and is working on an instructional book for Excel based on the material he covers in his Basic and Advanced classes.

### Basic Microsoft Excel

Learn all of the things you need to know to use MS Excel effectively – format cells and why you do it, manipulate, sort, and filter data, import images, navigate in Excel, maximize the use of functions, complete copy and paste techniques, and more! Learning these basics will start you on your way to using Excel like a pro! Beginners, novice users, and even intermediate users will benefit. Reference materials and workbooks will be distributed.

Code	Dates	Days	Time	Fee
20711-1	10/7&10/8	T,W	6:30-9:30p	\$59

Laschen Center, Sugar Creek Room  
Bill Wood

### Advanced Microsoft Excel

This class shows all the tips and tricks that will allow you to use Excel to its fullest potential. Become an Excel professional with this comprehensive class! Concepts include importing and filtering data, create great looking forms like invoices, expense reports, and timecards, summarize data by using PivotTables and professional charts, automate your tasks with macros & VBA, and feel the power of the fx (function) button. You may bring a laptop if you have one, but it is not required. Reference materials and workbooks will be distributed.

Code	Dates	Days	Time	Fee
20711-2	Oct. 14-15 & Oct. 21-22	T,W	6:30-9:30p	\$129

Laschen Center, Sugar Creek Room  
Bill Wood