



Top of Your Game--Athletic Conditioning for Girls

Calling all Girls!!

Here is a class just for you!

Do you like to jump rope, hula-hoop and get your heart pumping to your favorite music? Top of Your Game will help improve your strength, endurance, and flexibility through aerobic exercises, kickboxing, drills, circuit training, obstacle courses, resistance training, stretching and more.

Our non-competitive fun only format is sure to get your heart pumping and leave you with a smile on your face. No matter what your athletic abilities are, this class is for you. Come join the fun!

Ages: Grades 1-3

Code: 31442-1

Dates: Fridays, 1/15-3/19

Time: 4:00-5:00p

R/NR Fee: \$120/150

Sullivan Community Center
Community Room



Cheerleading & Poms

Fire up and learn cheers and a pompon routine choreographed to fun, lively music. We'll work on individual skills and techniques as well as group skills. The last class will feature a demonstration in front of family and friends! The squad will also perform during halftime at a Vernon Hills Park District basketball game. Poms are provided. A \$10 t-shirt fee is due to instructor on the first day of class.

Ages: Grades K-5

Code	Dates	Day	Time	R/NR Fee
Kindergarten				
31531-1	1/4-3/22	M	4:15-5:00p	\$93/116
Kindergarten and Grade 1				
31531-2	1/4-3/22	M	5:15-6:00p	\$93/116
Grades 1-5				
31531-3	1/4-3/22	M	6:15-7:00p	\$93/116

Deerpath Center
Gerri Silver



Flour Power

Baking, making, talking and fun! Girls will create then eat plus more with music playing and fun for all. Join us for an afternoon to be with the girls. Bring your lunch and a drink. This is a drop off class.



Ages: Kindergarten Girls

Code	Dates	Day	Time	R/NR Fee
31291-1	1/8-3/26	F	12:00-2:15p	\$167/209

Sullivan Center Preschool Room C
Bonnie Imburgia & Kirstin Dawson-Pryzgoda

Kindergarten Klub

Come to the Sullivan Center after morning Kindergarten for some fun with your friends! Bring your lunch each day. We will participate in theme based activities each week including thought provoking science experiments, some exploration of the United States, cooking activities, math activities and much more. Some of our themes will include space, oceans, farms, and our environment. We will spend some time each day in the gym with both organized and free play activities. This class will provide a wonderful opportunity to add some special activities to your Kindergarten day.

Age: Kindergarten (Fall of 2009)

Code	Dates	Days	Time	R/NR Fee
31201-1	1/5-5/16	T,Th	12:00-2:30p	\$426/533
No class 3/30, 4/1				

Sullivan Center Preschool Room B
Bonnie Imburgia & Tam Mahan

Robotics Fun

BeeBot™ has buzzed into town to help us learn about robots and programming. Students will learn in a group environment how to give BeeBot commands to program his movements. With hands-on fun and minds-on creativity, BeeBot will spark the youngest imaginations!



Ages: 6-8 years

Code	Dates	Day	Time	R/NR Fee
31475-1	1/13-2/3	W	4:00-5:00p	\$75/94

Laschen Community Center, Carriage Green Room, Computer Explorers

Video Game Animation

Dive into the world of video game animation by creating characters that dance, sing and interact with one another. Add sound effects and music clips to create a dynamic video animation game by using software created just for kids. Afterward, you will get your own copy of your game and the software to play with your friends and family. Creativity rules in this fun version of video game design!

Ages: 8-12 years

Code	Dates	Day	Time	R/NR Fee
31476-1	1/12-2/2	T	4:00-5:30p	\$113/141

Laschen Community Center, Carriage Green Room, Computer Explorers

Claymation Animation Movie Making

Bring out the popcorn! Clay + Animation = Movie Making! Create, build, film and edit your own claymation animated movie! Create characters like Wallace and Gromit out of clay and bring them to life using digital cameras and animation software & techniques. Working in teams, you'll direct and produce your own box office smash. You'll be famous when you take home your movie on a CD to show your friends and family!



Ages: 5-8 years

Code	Dates	Day	Time	R/NR Fee
31477-1	2/17-3/10	W	4:00-5:30p	\$113/141

Laschen Community Center, Carriage Green Room, Computer Explorers

Fun-Gineering with Simple Machines

Using Lego™ Educational kits, you and your fellow engineers will learn about simple machines by building models of real-life devices such as a folding lawn chair, a car, drawbridge or a conveyor belt. You will learn about the concepts of pulleys, levers, wheels and axles, and gears and bring your projects to life using battery operated motors. Through the building of realistic motorized models, develop an understanding of mechanical principles. They will explore, investigate, and solve problems in a fun group environment, 2-3 children per LEGO® kit.

Ages: 8-12 years

Code	Dates	Day	Time	R/NR Fee
31478-1	2/16-3/9	T	4:00-5:30p	\$113/141

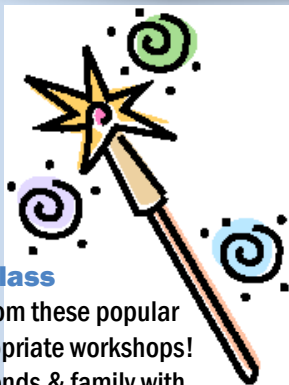
Laschen Community Center, Carriage Green Room, Computer Explorers



What are Tech Stars courses?

Computer Explorers unique 6-14 hour classes are project-based, hands-on and designed to make learning fun!

Computer Explorers courses enable students to apply what they have learned in math, science, language arts and social studies as well as to build confidence with technology and improve their ability to think critically and problem solve.



Magic Class

Choose from these popular age-appropriate workshops! Amaze friends & family with mind-reading and tricks using playing cards, ropes, & coins! Would-be wizards are guaranteed to have a great time learning these fascinating tricks from a professional magician! And don't worry, although the tricks are really convincing, they are easy to learn and anyone can look like a pro in no time! Tricks vary each session, so sign up for more than one class. Each participant will take home a magic kit. Participants must register by noon the day of the class.

Ages: 5-8 years

Cod: 31455-1
Date: Wednesday, 12/23
Time: 5:15-6:10p
R/NR Fee: \$19/24

Code: 31455-3
Date: Tuesday, 2/2
Time: 6:30-7:25p
R/NR Fee: \$19/24

Ages: 8-14 years
Code: 31455-2
Date: Wednesday, 12/23
Time: 6:15-7:10p
R/NR Fee: \$19/24

Code: 31455-4
Date: Tuesday, 2/2
Time: 7:30-8:25p
R/NR Fee: \$19/24
Sullivan Community Center
Meeting Rooms A & B
Gary Kantor

Chinese Club

This is the most widely spoken language on the planet! Your children will reach adulthood in a world where Chinese industry, culture, and language will be increasingly predominant. Give them a head start in appreciating this critical world language. Our beginning conversational Mandarin course is a fun introduction to the language. Crafts, show-and-tell, guessing games, songs, stories, maybe even a magic trick or two! Kids will learn words the natural way, in the context of actions and commands. They will learn common actions, clothing, tools, directions, holidays, everyday objects, sports vocabulary, plants, and more.



Ages: 4-7 years

Code	Date	Day	Time	R/NR Fee
31541-1	1/14-2/11	Th	4:15-5:00p	\$63/79
31541-2	2/18-3/18	Th	4:15-5:00p	\$63/79

Laschen Community Center, Marimac Room, Language Resources

Spanish & French Clubs

The learning is fast and fun when it's Comfort Zone Learning™! Language Resources provides an exciting, out-of-your-chair approach to languages for kids. Each club meeting features words for common actions and everyday objects. Add a craft project, some show-and-tell, guessing games, songs, or stories, and a magic trick or two! To make it easier for you to help your children learn, all handouts are available on the Internet as PDF files for you to download and print! The topics and activities of each session are different, so your child may take all sessions while new students may join at any session.

Ages: 3 ½-7 years



Spanish Club

Code	Date	Day	Time	R/NR Fee
31542-1	1/12-2/9	T	4:15-5:00p	\$63/79
31542-2	2/16-3/16	T	4:15-5:00p	\$63/79

Laschen Community Center, Marimac Room, Language Resources



French Club

Code	Date	Day	Time	R/NR Fee
31543-1	1/13-2/10	W	4:15-5:00p	\$63/79
31543-2	2/17-3/17	W	4:15-5:00p	\$63/79

Laschen Community Center, Deerpath Room, Language Resources

Stretch-n-Grow Fun Fitness for Kids

Heart-pounding exercise adventures, obstacle courses, games, sports skills and more! We utilize tons of age appropriate fun equipment and energetic music to keep your child moving for the entire class. Stretch-n-Grow classes provide a structured, non-competitive environment for your child to be active, develop fundamental motor skills like skipping, balancing, agility and coordination while having a blast!



Ages: 3-5 years

Code	Dates	Day	Time	R/NR Fee
31441-1	12/7-2/1	M	10:30-11:30a	\$68/85
	No class 12/21, 12/28, 1/4			
31441-2	2/8-3/15	M	10:30-11:30a	\$68/85

Laschen Community Center, Hawthorn Melody Room
Stretch N Grow Staff



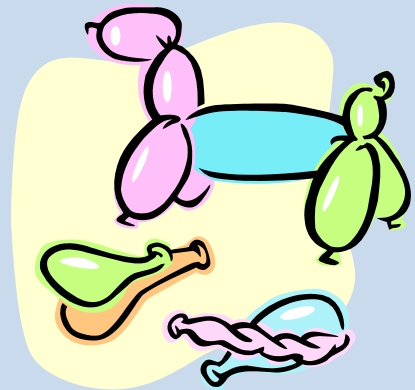
Easy Balloon Sculpting for Kids

Why should clowns have all the fun? This 90-minute balloon sculpting workshop is for kids, 8 years and older. During the workshop, the kids will learn to twist long, skinny balloons into the shapes of dogs, hats, swords, giraffes, butterflies, flowers and even a giant octopus! All balloons are supplied, kids leave with a plastic bag filled with the creations they made!

Ages: 8 years & older

Code	Dates	Day	Time	R/NR Fee
31411-1	1/6	W	4:30-6:00p	\$20/25
31411-2	1/27	W	4:30-6:00p	\$20/25
31411-3	2/24	W	4:30-6:00p	\$20/25

Sullivan Community Center



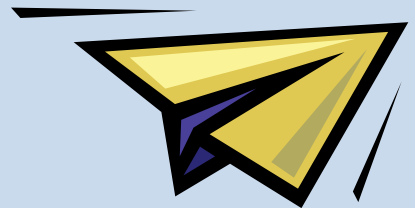
Folding Flying Paper Airplanes Workshop for Kids

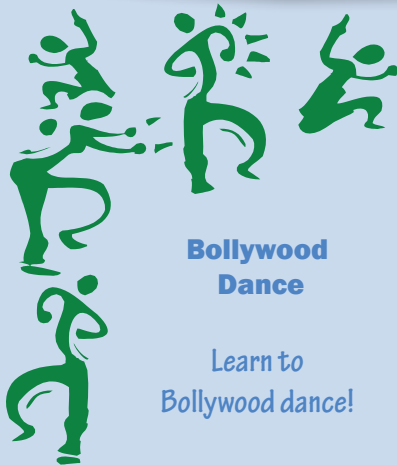
This 90-minute workshop is for kids, 7 years and older. Children will turn colorful paper into planes that really fly! In addition to paper, children will also create a combination of balsa wood and paper airplanes that are a sure flying hit! Paper helicopters with rotor whirl blades that really spin will also accompany all the fun. The session will conclude with high flying fun as participants will soar or sink as they test their flying skills out on targets and try to land their creations on a mock Navy aircraft carrier.

Ages: 7 years & older

Code	Dates	Day	Time	R/NR Fee
31412-1	1/6	W	6:30-8:00p	\$20/25
31412-2	1/27	W	6:30-8:00p	\$20/25
31412-3	2/24	W	6:30-8:00p	\$20/25

Sullivan Community Center





Bollywood Dance

Learn to
Bollywood dance!

Bollywood is the largest film industry in the world and Bollywood dancing has become the latest craze, due in part, to the Oscar winning film "Slum Dog Millionaire".

Bollywood dance is modern Indian dancing. It is a fusion of pop, modern, Bhangra, Indian Folk and more. Learn rhythmic patterns, choreography, and the style of the culture. The class will cover the various techniques and styles of music from Bollywood movies. We will start with the basic steps gradually working our way up to fully choreographed dances.

Dance attire: Wear comfortable clothing.

Ages: 6-11 years

Code: 36710-1
Date: Fridays, 1/15-3/19
Time: 4:15-5:00p
R/NR Fee: \$90/113

Ages: 12 years & older
Code: 36710-2
Date: Fridays, 1/15-3/19
Time: 5:00-5:45p
R/NR Fee: \$90/113

Sullivan Community Center
Dance Studio

Checkmate Chess

Learn how to win at chess! No previous knowledge of chess is necessary. Each class will consist of a fun interactive teaching period and guided practice time. Both new and returning participants are welcome and will get to the next level under the guidance of an experienced Chess Scholars coach. There will also be a chess competition with prizes!

Ages: 6-13 years

Code	Dates	Day	Time	R/NR Fee
31492-1	1/14-2/18	Th	6:30-7:30p	\$85/94
31492-2	2/25-4/8	Th	6:30-7:30p	\$85/94
No class 4/1				

Laschen Center, Marimac Room, Chess Scholars



Stage Combat and Sword Play

Without conflict there is no drama and the best conflicts on stage and screen always include a good knock-down, drag-out fight or two! Theatrical combat emphasizes safety in performance, the illusion of violence in story-telling, resulting in a safe, yet thrilling non-verbal scene which is appropriate for each character. This course will teach aspiring young actors and stunt people basic tumbling skills: rolling and "how to fall down without hurting yourself." The children will be given a basic introduction to swordplay using kid-friendly and very safe foam swords and quarterstaves. Basic techniques for punches and kicks will also be demonstrated and students will learn how film, television and stage actors put together the intricate fights that make up so many of today's action sequences.

All physical contact will be strictly supervised and controlled to ensure the safest possible learning environment.

Ages: 10-14 years

Code	Dates	Day	Time	R/NR Fee
31827-1	1/4-3/22	M	5:00-6:30p	\$85/107

Laschen Community Center, Carriage Green Room, Improv Playhouse

Brave Way Self-Defense Class *For parent/child, youth, teens and adults.*

This class could save your life! In just 2 hours, we will teach you how to defend yourself and help your family be safer and more secure. The Brave Way Self Defense System is not a martial art, and no previous self-defense training is required to master the moves taught in class. The techniques are easy to learn, extremely effective, based on instinctive principles that don't require constant practice or years of training to use, and work regardless of your size, strength, speed, or skill. Upon completion of The Brave Way Program, students will possess the confidence and skills necessary to help them properly defend themselves and protect others.

Ages: 8 years and older

Code	Date	Day	Time	R/NR Fee
30311-1	12/14	M	7:00-9:00p	\$30/38
30311-2	1/11	M	7:00-9:00p	\$30/38
30311-3	2/8	M	7:00-9:00p	\$30/38

Sullivan Community Center, The Brave Way, LLC



'Caring 4 Children' Babysitting Program

This program will combine the curriculum from the National Babysitter Education Program with staff from the Police Dept. and Countryside Fire Dept. Future sitters will learn how to deal with emergency and non-emergency situations. Topics will be addressed such as first aid, fire safety, police security, and child care. Participants will receive a manual and tote bag. Certificates will be awarded. Participants should bring a sack lunch for the break.

Ages: 10-14 years

Code	Date	Day	Time	R/NR Fee
31421-1	3/18	Th	4:00-8:30p	\$40/50

Sullivan Community Center
Meeting Rooms A & B



Peaceful Playground

Learning to deal with bullies and conflict

While engaging in fun movement activities such as "freezing/melting like statues", practicing different "energy states", traveling in "space bubbles", and acting out role-plays, kids will learn proactive coping skills for preventing and resolving conflicts ranging from little squabbles over lining-up with their classmates to major physical brawls on the playground.



Since most elementary school children have likely been a target, an aggressor or a bystander of peer conflicts, these workshops are appropriate for all. Kids should come comfortably dressed and ready to move!

Ages: Grades K-3

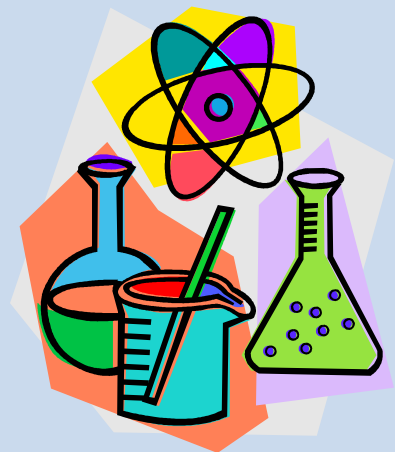
Code	Dates	Day	Time	R/NR Fee
31450-1	2/3-2/17	W	4:00-5:00p	\$35/44

Sullivan Community Center, Rooms A & B



Questions

Questions about Youth and Adult Variety classes?
Contact Kelly Cushion,
Recreation Supervisor, at
847.996.6805 or
kellyc@vhparkdistrict.org



Mad Science System 6

Mad Science is a class filled with fun, spectacular, hands-on science experiments! Some of the cool, new, hands-on topics will include Glow Show, Ph Phactor, Lab Works and more. Each young scientist will be able to make some fun take home projects including a Blacklight Writer, Graduated Gear Kit, Atomic Coins and many others. All materials are included and instructors are provided by Mad Science of Northern Illinois.

Grades: 1-3

Code: 31481-1
Dates: Tuesdays, 1/5-2/23
Time: 4:00-5:00p
R/NR Fee: \$113/141

Laschen Community Center,
Hawthorn Melody Room



Broadway Bound Disney's The Jungle Book

Broadway Bound will offer children the opportunity to take part in a real musical theatre production of Disney's The Jungle Book.

Follow Mowgli and his Jungle Book friends as they boogie to the jungle beat. Some of the jazziest, cool-cat music Disney ever created! This workshop, under the expert direction of Improv Playhouse professional staff, will take you through a talent assessment, rehearsals and showcase in a live performance for family and friends. You'll learn about reading a script, where to stand on stage, movement and choreography, music and much more. The best part is everyone gets a part!

The fee includes all materials, as well as quality acting, dance and vocal instruction. Participants may be required to provide some costumes and props.

Performance is Sunday, March 14.

Grades: 2-5

Code: 31824-2
Dates: T/Th, 1/5-3/11
Time: 4:15-6:15p
R/NR Fee: \$185/234

Sullivan Community Center
Improv Playhouse Instructors

Storyacting and Drama Daze!

You may be familiar with Paddy from the Fall Fest, however Paddy has been involved in theater for over twenty years. She has performed/taught in local libraries, schools, the Cuneo Museum, Park Districts and more! A different story will be told for each session, so sign up for one or sign up for all!

Visit her website at www.paddylynn.com

Storyacting

Storyacting Workshops allow the participants to engage in acting out stories multiple times. Stories can be selected by the group, or we can choose appropriate ones based on age. With some handy props, a trunk of colorful costume pieces, and a whole lot of imagination, the children engage in the story drama.

Ages: 5-8 years

Code	Date	Day	Time	R/NR Fee
31825-1	12/30	W	9:00-10:00a	\$8/10
31825-2	12/30	W	10:15- 11:15a	\$8/10
31825-3	12/30	W	11:30-12:30p	\$8/10

Laschen Community Center, Marimac Room

Drama Daze

This workshop is a wonderful way to introduce participants to the wonders of theater. Using creative drama, basic acting techniques, and improvisation, the children explore their own creativity and uniqueness.

Theater games are played in large groups, small groups, and individually. Whether the child has had acting experience or is a "first-timer", the benefits are great!



Ages: 9-13 years

Code	Date	Day	Time	R/NR Fee
31826-1	12/30	W	1:30-3:30p	\$15/19

Laschen Community Center

One Act

Suspense, comedy, mystery, drama! This is for those of you who just like to act and not perform in a musical. This 12-week workshop will teach you all you need to know about acting through the process of rehearsing a really fun and cool one act play. Young actors audition for parts within the workshop where you'll create and develop your role, workshop the script and perform for family and friends during the last scheduled meeting time. Actors and families may be responsible for providing some costumes and props. It's all fun with Improv Playhouse professional staff!

Ages: 6-12 years

Code	Dates	Day	Time	R/NR Fee
31812-1	1/6-3/24	W	4:30-5:30p	\$95/119

Sullivan Community Center, Community Room

Broadway Kidz

Is your child a natural performer? This class is designed to perfect his/her skills through vocal and breathing techniques. Basic choreography will be added to songs. Your child's self-confidence will be strengthened "show-biz style" through unique teaching methods. The cost of a recital costume is not included in the class fee. A dress rehearsal will be scheduled before our April 27 performance date.

Ages: 8-10 years

Code	Dates	Day	Time	R/NR Fee
31811-1	1/5-2/9	T	5:00-6:00p	\$44/55
31811-2	2/16-3/23	T	5:00-6:00p	\$44/55

Sullivan Community Center, Lori Rocklin

Disney Club

This class is designed for the younger child who enjoys dancing, singing, and reciting along with the Disney classics. Our scripts will enhance your child's imagination by acting as characters such as Tinker bell, Captain Hook, Cinderella, Peter pan and more. This program will conclude with a recital on April 26. The cost of a recital costume is not included in the class fee.

Ages: 4-6 years

Code	Dates	Day	Time	R/NR Fee
31812-1	1/5-2/9	T	4:00-4:55p	\$44/55
31812-2	2/16-3/23	T	4:00-4:55p	\$44/55

Sullivan Community Center, Lori Rocklin

Fashion and Print Modeling for Tweens

Do you dream of becoming a model? Did you know that it's also a performing art? Develop confidence, style and the appropriate image for fun or as a career. This is an exciting and glam workshop that will leave you with knowledge on how to take the next big step. Guys and gals will be taught everything they need to know about the competitive fashion and print modeling industry in a workshop filled with runway technique, role playing, a healthy self concept, and a final fashion showcase.

Ages: 8-12 years

Code	Dates	Day	Time	R/NR Fee
31831-1	1/6-3/24	W	6:00-7:30p	\$125/156

Laschen Community Center, Carriage Green Room

Imagine Action - Creative Drama

Are you good at storytelling? Let's act them out! Students will create, tell and act out their own original stories or fairy tales in this fun class that boosts confidence and creativity. Young actors will hone their story telling skills, while making new friends and having a great time. Family and friends are invited to attend the final class for a workshop performance.

Ages: 7-10 years

Code	Dates	Day	Time	R/NR Fee
31829-1	1/4-3/22	M	5:00-6:00p	\$120/150

Sullivan Community Center, Community Room, Improv Playhouse staff



Improv Playhouse Showstoppers: The Wizard of Oz The Musical

Little Dorothy Gale of Kansas, like so many girls her age, dreams of what lies over the rainbow. One day a twister hits her farm and carries her away over the rainbow to another world. Join Dorothy, the Scarecrow, the Tinman, the Cowardly Lion and Toto as they travel the universe of Dorothy's imagination.

With a flexible cast size, featuring roles for children and a tour-de-force role in the title character!

Fees do not include costuming, cast optional t-shirt, make up, cast party and DVD.

Parent volunteer meeting at first rehearsal.

Performances:

Saturday, March 20 at 7:30 pm

Sunday March 21 at 2:30 pm

Ages: 9-15 years old

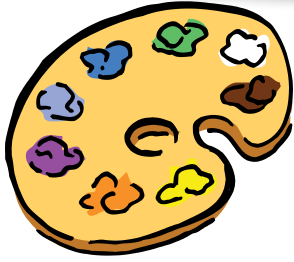
Code: 31824-1

Dates: 1/5-3/21

Time: Tuesdays, 6:30-8:30p
Thursdays, 7:00-9:00p

R/NR Fee: \$195/244

Sullivan Community Center
Community Room and Stage
Improv Playhouse Instructors



Clay Monet

Painting pottery can be very exciting, relaxing and rewarding, all at the same time! Whether it's for a friend or relative, nothing says it better than a gift made from the heart.

Not an artist? We're here to help. Join us for an evening that is sure to be an enjoyable experience.

- Park District classes are held at the Sullivan Community Center, Meeting Room B
- Pieces will be fired off-site and returned in one week to the Park District for pickup.
- Completed fired pieces are food and dishwasher safe.
- Samples will be on display at the Sullivan Center.
- Ages: 4 and up (parents must be present with children under 8 years old)

SAVE For Your Spring Vacation!

You have seen them in stores, now make your very own. Come and paint a coin jar, also known as a Savings Pot. Mark it with whatever you'd like: Vacation Fund, Puppy Fund, or Rainy Day Fund.

Code	Date	Day	Time	R/NR Fee
31413-1	1/18	M	6:00-7:00p	\$36/45

Heart Box

Time to paint your Valentine's Day treat! Come and paint this great heart shaped box and have fun with us.

Code	Date	Day	Time	R/NR Fee
31413-2	2/1	M	6:00-7:00p	\$34/43

Spring Time Vase

Get ready for Spring with this great project! Paint a lovely cone shaped flower vase with can also be used as a utensil holder or even a pen holder.

Code	Date	Day	Time	R/NR Fee
31413-3	3/15	M	6:00-7:00p	\$40/50



Promising Picassos

Learn to draw or work on technique. Younger children will work on fine motor development and organizational skills while older children receive training in fundamental drawing techniques and creative expression. All materials are supplied. Each session features different drawings, so sign up for more than just one class!

Ages: 4-6 years

Code	Dates	Day	Time	R/NR Fee
31911-1	1/14-2/4	Th	4:30-5:15p	\$40/50
31911-2	2/18-3/11	Th	4:30-5:15p	\$40/50

Sullivan Community Center, Preschool Room A

Promising Picassos: Pixar Pictures

Don't miss this art class! We will be illustrating some of your favorite characters from movies like Monsters Inc., Toy Story, Cars, Finding Nemo and more. We will be using cartooning techniques that may have been used in Disney Pixar movies.

Ages: 7-12 years

Code	Dates	Day	Time	R/NR Fee
31913-1	1/14-2/4	Th	5:30-6:30p	\$40/50

Sullivan Community Center, Preschool Room A

Promising Picassos: Monsters vs. Aliens

In this Monster size drawing class we will learn to draw Susan in all sorts of Alien situations saving the day. Come and help her and all her Monster friends save the Earth from Gallaxhar. Markers, crayons, and color pencils will be used to illustrate our exciting adventures.

Ages: 7-12 years

Code	Date	Day	Time	R/NR Fee
31913-2	2/18-3/11	Th	5:30-6:30p	\$40/50

Sullivan Community Center, Preschool Room A