

November 2017 Lunch Menu For: The Sprouts, Super Stars and Lil Gardeners



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
		Turkey Hot Dog Shell Pasta Tossed Salad Italian Dressing Banana Hot Dog Bun 1% Milk	Pancakes & Chicken Sausage Diced Sweet Potatoes Honeydew 1% Milk	Hawaiian Meatballs Steamed White Rice Carrot Coins Homemade Ranch Dressing Melon Mix Rye Bread 1% Milk
6	7	8	9	10
Italian Chicken Parmesan Seasoned Potatoes Broccoli Orange Wheat Bread 1% Milk	Beef Nachos Lettuce Cheddar Cheese Sour Cream Spanish Rice Peas & Carrots Melon Mix Corn Tortilla Chips 1% Milk	Macaroni & Cheese Cucumber Slices Homemade Ranch Dip Watermelon Rye Bread 1% Milk	Chicken Tenders Homemade BBQ Dip Penne Pasta Cauliflower Banana Wheat Dinner Roll 1% Milk	Sweet & Sour Chicken Steamed White Rice 3 Way Vegetable Blend Cantaloupe Wheat Bread 1% Milk
13	14	15	16	17
Turkey Hot Dog Rotini Pasta Green Beans Apple Hot Dog Bun 1% Milk	BBQ Chicken Diced Parsley Potatoes Corn Watermelon Rye Bread 1% Milk	Meatball Marinara Rotini Pasta QC Vegetable Blend Cantaloupe Italian Bread 1% Milk	Chicken Nuggets BBQ Dip Shell Pasta Tossed Salad Italian Dressing Melon Mix Rye Bread 1% Milk	Hamburger Au Jus Pasta Salad Cucumber Slices Homemade Ranch Dip Orange Hamburger Bun 1% Milk
20	21	22	23	24
Parmesan Noodles & Chicken Broccoli Orange Rye Bread 1% Milk	Beef Taco Shredded Lettuce Shredded Cheddar Cheese Spanish Black Beans 3-Way Vegetable Blend Banana Soft Flour Tortilla 1% Milk	Meatballs & Beef Gravy Mashed Potatoes Diced Carrots Pineapple Italian Bread 1% Milk	 <p>Thanksgiving Break No School</p>	
27	28	29	30	1
Chicken Patty Sandwich Rotini Pasta Diced Carrots Apple Hamburger Bun 1% Milk	Turkey & American Cheese Wrap Shredded Lettuce Homemade Ranch QC Vegetable Blend Watermelon Soft Flour Tortilla 1% Milk	Turkey Hot Dog Shell Pasta Tossed Salad Italian Dressing Banana Hot Dog Bun 1% Milk	Pancakes & Chicken Sausage Diced Sweet Potatoes Honeydew 1% Milk	Hawaiian Meatballs Steamed White Rice Carrot Coins Homemade Ranch Dressing Melon Mix Rye Bread 1% Milk