Hello and welcome to Last Blast Day Camp! Held M-F, during the weeks of August 7-11 and August 14-18 from 8 am – 4 pm in the Community Room at the Sullivan Community Center, 635 Aspen Drive. Sign up for 1 or 2 weeks. Before and after care is offered for both weeks also. 6:30-8 am and 4-6 pm. Sign up for 1 or 2 weeks.

## Lunch Time:

Your camper(s) will need to bring a labeled sack lunch and drink. **Insulated lunch bags** are a great idea, especially when we go on our field trips. It is a good idea to send an extra snack or 2 each day also. Also, please provide your camper with a reusable cup, container, or water bottle to use every day.

### **Proper Attire:**

Proper attire is of great importance. We strongly recommend sending your camper in comfortable, weather appropriate clothing and tennis shoes (no sandals, flip-flops, cleats) On swim days please send your child with a swimsuit, towel, and sunscreen. Please mark all of your child(ren)'s belongings (water bottle, backpack, lunch bags, clothes, etc.) with their name.

\*Coast guard approved life jackets are allowed at the Family Aquatic Center. If you would like to send one to camp with your child, you may send it on swim days. There are also life jackets available at the Aquatic Center for them to use if needed. Please be sure to mark the jacket with your child's name. We will send your child home with their jacket at the end of each swim day.

On Field Trip days, campers must wear their Last Blast t-shirt. There is a lost and found available at camp.

## Sunscreen:

We strongly suggest that you apply sunscreen to your child each day before they come to camp. We will be both inside and outside at the Sullivan Center each day. Counselors will remind campers to apply sunscreen regularly and will help to apply sunscreen to their face, shoulders and back, otherwise campers are responsible for applying their own sunscreen

## Field Trips:

Thursdays are Field Trip days. Thursday, August 10 we will go to the Racine Zoo, in Racine, Wisconsin. We will arrive there at approx. 10 am and leave to return to the Sullivan Center at approximately 2 pm. On Thursday, August 17 we will go to the Chicago Museum of Science and Industry in Chicago. We are scheduled to be there from 10:00 am-until we need to return for 4 pm dismissal. Campers are required to wear their camp T-shirts. T-shirts will be given out the 1<sup>st</sup> day of camp. It is very important that our counselors are able to identify ALL CAMPERS, whether the camper is in their group or not. On field trip days especially, we urge that campers DO NOT bring possessions of any type of value. Too many times things have been lost, making the experience upsetting to the camper rather than fun. It is a situation we hope to completely avoid. Should your child(ren) bring money, he/she, must be responsible for it. Counselors will not hold money for campers.

On field trip days, campers still need to bring a sack lunch and drink. (Insulated lunch bags work great!) Most places have concession stands to purchase lunches and snacks, if desired. We have on occasion, run into situations where the concession stands do not open until a certain time. Your child may have to wait to purchase their lunch. For this

reason we recommend you send a sack lunch. This way your child will be able to eat at the same time as their fellow campers.

# Pool Trips:

We will be going to the Vernon Hills Aquatic Center on Monday 8/7, Wednesday 8/9 and Friday 8/11, in the afternoon after lunch for recreational swim the 1<sup>st</sup> week of Last Blast. This is a closely, supervised event, by our staff as well as the lifeguards. We ask that you send your camper(s) with a swimsuit, towel and sunscreen. \*(Please refer to the Proper attire paragraph concerning Coast Guard approved life jackets). We will be going to the Lakeview Fitness Center indoor pool the 2<sup>nd</sup> week of camp, as the outdoor pool is closed. We will swim from approx.12:30-3 pm on Tuesday, 8/15 and Friday, 8/18.

## <u>Camper Data Form, Medication and Allergy Forms</u> <u>New this year: CampDoc.com</u>

This year the Vernon Hills Park District has partnered together with <u>CampDoc.com</u> to make it easier to fill out the Data Forms that contain important information about your child- such as contact information, emergency information and health information.

CampDoc.com is an electronic health record system for camps. It is an easy-to-use webbased solution that helps camps manage Data Forms and their information such as medications/allergies throughout the summer.

The security, confidentiality and privacy of your camper's personal health information will always be protected. Only your camp's Site Director has access to camper health information, and the CampDoc.com site is secure, encrypted and password protected.

You should have received a "Welcome E-mail" from CampDoc.com with information about how to complete your camper's health information. Please e-mail gailh@vhparkdistrict.org, if you did not receive the e-mail from CampDoc.com.

- Click the link in this email to set a new password for your CampDoc.com account.
- Follow the instructions, and complete the health history for your camper. Alerts will appear for any missing required information.
- You may return to your CampDoc.com at any time to make changes/updates to your camper's health information before camp begins.

# Please note:

\*Our camp staff must have a note from the camper's parent/guardian in order to allow them to get a ride home with a person not listed on their data form.

\*There is absolutely no early drop-offs or late pick-ups allowed! We offer extended care for parents who need their child to be cared for before and after camp (6:30-8 am and 4-6 pm)

\*Campers are responsible for any money or personal belongings. Electronic devices are discouraged at camp.

\*Camp T-shirts will be handed out on the first day of camp.

# Camp Groups:

Groups will be based purely on ages since this camp is for 1<sup>st</sup> through 8<sup>th</sup> graders. Camp is a great opportunity for making new friends!

#### Meet the Director:

We have Co-Directors for Last Blast Camp. Christina Melgar (Girlfriends Camp Director) and Eric Monatelli (Junior Crew Assistant Director).

### Important Phone Numbers:

Gail Herrmann (Camp Supervisor), my office is at the Sullivan Center. I can be reached at 847-996-6808 or **gailh@vhparkdistrict.org**. I have voice mail and also check my email frequently.

Camp Director:Christina Melgar's cell phone #773-951-9700 or her e-mail christinam@vhparkdistrict.org. Eric Monatelli's cell phone #224-246-2882 or his email ericm@vhparkdistrict.org

Christina and Eric should be your primary contact during the camp day. Please do not call them before 8 am or after 4 pm during the week. Also, no weekend phone calls please.

Sullivan Center Front Desk: 847-996-6800

Should you have any further questions, please feel free to call me at the office at 847-996-6808. Thank you very much for your time.

Sincerely, Gail Herrmann Early Childhood Supervisor