



Summer Camp Guide

2016



DAY CAMPS SPORTS CAMPS MINI CAMPS

REGISTRATION DATES

Resident Rates apply to families
residing in Hawthorn School District 73.

Hawthorn School District 73 residents that live outside Vernon Hills Park District boundaries are eligible to receive resident rates for programs. **Online registration begins at 12:00am.**
In-person registration begins with normal facility operating hours

Resident Registration begins
MARCH 1

Non Resident Registration begins
MARCH 8



Weather Hotline: 847-996-6616

For updated information regarding weather conditions for sports,
alternate camps locations and the Family Aquatic Center.

Summer Help Wanted!

We are accepting applications for summer part-time positions:
Apply Online at www.vhparkdistrict.org

Family Aquatic Center

Lifeguards - 15 years & older
Aquatic Center Attendants - 16 years & older
Cashier - 16 years & older

Day Camp Program

Camp Director - 21 years & older
Camp Counselor - 18 years & older
Assistant Counselor - 15 years & older



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Summer Camp has gone **GREEN!**

All camp information will be available online beginning May 16.

- Parent/Guardian Information Letters
- Medical Forms
- Meet the Director Information Pages
- Field trip Information
- Calendars & Schedules

All return documents
(Camper Data forms & Medical Information forms)
will be due by June 7 (Session 1) and July 5 (Session 2).



Camp Information

1

STAFF & CAMP LOCATIONS



Camp Staff

Gail Herrmann 847-996-6808

Counselor In Training Camps
Firefly Camp
Starfish Camp
Lil Rascal Camp
Girlfriends Camp
Junior Crew Camp
Little Giants Camp
Last Blast Camp

Katrina Weyland..... 847-996-6805

S.O.S. Camp
Sports Camp
Kid Zone Camp
Road Trip Camp
Extended Care

Joe Bruntmyer..... 847-996-6804

Various Sports Camps

Jason Bullman 847-996-6807

Mini-Camps

How To Reach Us: www.vhparkdistrict.org

To reach a staff member by e-mail, use the person's first name followed by the first letter of their last name @vhparkdistrict.org. For example: cherylb@vhparkdistrict.org

For the deaf or hearing-impaired, please call the Illinois Relay Center (voice only) operator at 800-526-0857.

Camp Locations

Aspen School, 500 North Aspen Drive
Century Park North, 1401 Indianwood Drive
Hartmann Park, 292 Oakwood Road
Hawthorn Melody Park, 2221 Hazeltine Drive
Laschen Community Center, 294 Evergreen Drive
North Shore Gymnastics, 27825 Irma Lee Circle, Lake Forest
Peterson Park, 200 Hawthorn Parkway
Sullivan Community Center, 635 N. Aspen Drive
Townline School, 810 North Aspen Drive
Vernon Hills Athletic Complex, 15 S. Fairway Drive

Play Longer, Live Stronger

Day Camps

Day Camp Registration

Registration for camp is on a first-come, first-served basis.

The FINAL deadlines for camp registrations are:

Session I: May 15 - or until camp maximum is reached.

Session II: June 15 - or until camp maximum is reached.

- If you register for Junior Crew or Little Giants Camp, please include information about your child's swimming abilities or the last swim level that he or she passed.
- Vernon Hills Residents must indicate on their registration form if their child, attending Jr. Crew, Little Giants, Road Trip, or Sports Camp, will not use the bus service.
- The grade listed for each camp is based on the school year ending in Spring 2016.

Day Camp Payment Schedule

- A \$100 deposit (per child/per session) is due at time of registration. Exception: CIT, Camp Firefly, and Camp Starfish fees are due in full at registration.
- The balance will be charged in two equal installments on 4/20 and 5/20. Credit/Debit card authorization is required for those installment charges.
- For those registering for session 2 on or after May 20, full payment is due at the time of registration

Camp Auto Payments
1st Installment - April 20
2nd Installment - May 20

Camp Staff

Each camp is supervised by qualified camp directors and counselors who are CPR certified and have completed a training workshop, which included safety procedures, management techniques, lesson planning and first aid information.



www.bobosgyros.com

Camp Lunch Option

Camps offering the lunch option have the lunch bag symbol next to their camp description.

On the two days per week that your child goes to the Family Aquatic Center, Bo-Bo's Restaurant will provide lunch with four meal options. The price is \$48 per child, per session, which includes eight meals. In the event of inclement weather, Bo-Bo's will deliver right to the camp and chips may be substituted for french fries on those days.

The four meal options are: a hot dog, a cheeseburger, chicken tenders or a peanut butter & jelly sandwich. Meals include a 16 oz. beverage and choice of french fries or fruit. The kids can decide which meal they want when they arrive at camp that day.

Parent Information

Parent information letters, schedules, camper data forms, and emergency forms will be available online before the start of camp. Camp tee shirts will be distributed the first week of camp.

Camp Refund Policies

- If a refund request is made prior to the registration deadline, a full refund, less a \$5 service charge per camp/per child is granted.
- If a refund request is made after the registration deadline, a full refund less a 25% service charge per camp/per child is granted.
- Refund requests will be reviewed on a case by case basis.
- All refund requests must be made in writing. Camp refund request forms are available online or at the Sullivan Center.



Day Camps

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FRIENDSHIP REQUESTS

Camp Group Formations

We do our best to group kids of the same age or grade level. In addition to using Friendship Requests, we also take into consideration the number of kids in a grade, gender, counselors, and maximum children per group. Many times we receive "chain requests" where Camper A wants to be with Camper B and Camper B wants to be with Camper C, which we do not honor. One goal of camp is to make new friends!

Friendship Requests

We will comply with one mutual request between two children in the same grade or of the same age. Both friends must request each other. Exception: Campers attending Girlfriends Camp form their own groups in camp, so friendship requests are not necessary. S.O.S. Camp stays together as one group and does not accept friendship requests.



Friendship Request Form

DEADLINES: Session I – May 15 • Session II – June 15

Friendship requests may only be submitted for the following camps:
Firefly, Starfish, Little Giants, Jr. Crew, Road Trip, Sports, Lil Rascals, & Kid Zone.

Friendship Request Guidelines:

- Only one friend may be placed with your child and both must be entering the same grade in the Spring of 2016.
- You may only request one friend and that friend must also request you.
- If you submit more than one name, the first name listed will be the only one used.

Camper's Name _____ Grade (Spring 2016) _____

Phone _____ Email _____

Friend's Name _____ Grade (Spring 2016) _____

Phone _____ Email _____

	Firefly	Starfish	Jr. Crew	Little Giants	Road Trip	Sports	Lil Rascals	Kid Zone
Session I	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Session II	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Day Camps

Behavior Expectations

The Park District encourages and promotes the concept of fun for everyone. Rules have been established to ensure the safety and enjoyment of all participants in our camp programs. The Park District's Behavior Code mandates that campers shall:

- 1) Show respect to each other and staff.
- 2) Abstain from using inappropriate language.
- 3) Refrain from inflicting bodily harm to an individual.
- 4) Demonstrate respect to equipment and facilities.

A caring, positive approach will be used in all disciplinary methods. Additional or individual behavior management plans may be developed based on the advice of parents, guardians, Park District staff or other professionals. The Park District reserves the right to dismiss a participant if the above noted procedures are not adhered to, and/or parent/guardian response to a situation is not attempted. Each situation will be evaluated individually and on its own merit.

What do campers do on inclement weather days?

Campers at Junior Crew, Girlfriends, Road Trip, Kid Zone, S.O.S., Sports Camps, and preschool camps will move their activities indoors at their respective locations. Activities include crafts, cards, and board games. On field trip days, if it rains and a camp is scheduled to go to an outdoor facility, we will do our best to find an alternative activity.

Little Giants Camp goes to a Hawthorn School if there is inclement weather.

How is swimming supervised?

Preschool - 3rd Grade: Kids must stay with a counselor or assistant counselor during open swim. At these ages, not all kids are tall enough for the slides or lazy river. This ensures that the camp staff is watching over the safety of the swimmers in addition to the lifeguards.

Grades 4-7: Kids are partnered up with a friend or two that they must stay with during open swim. Counselors of third and fourth graders are stationed at various areas of the Family Aquatic Center to maintain supervision.

Bus Transportation

Rosters are provided to the bus company who creates the routes so that the first child on the bus in the morning will be the first one off in the afternoon. Buses stop at intersections designated by the bus company. No personal stops will be granted. A bus counselor supervises each bus throughout the route to ensure safety.

Failure to register before the deadline results in choosing a stop already determined by the bus company. During the week before camp starts, you will be mailed your child's stop location and pick-up and drop-off times.

The bus will NOT drop off a child in grades K-3 without an adult present at their bus stop.

During the first couple of days of a session, please understand that the buses may be late. Drivers do their best to keep on schedule, but especially on the first day, parents take pictures and want to meet the driver and/or bus counselor – thus pushing the schedule behind.

Bus transportation is only available to Park District residents. If your child's camp offers bus service, but you choose not to use it, please inform the Park District.



Transportation is provided for:

Sports Camp
Junior Crew
Road Trip
Little Giants Sports Camp



Transportation is NOT provided for:

Extended Day Camp
Girlfriends
Camp Firefly Camp
Camp Starfish Camp
Kid Zone Half Day Camp
Lil Rascals Camp
Last Blast Camp
S.O.S. Camp

Day Camps

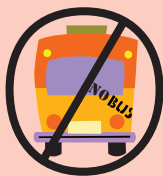
Counselor-in-Training Camps

The Counselor-In-Training (CIT) program teaches young teens how to be a responsible, caring and creative camp counselor. CITs will assist camp counselors with projects and activities, four days a week, and will work with a new group each week. Active participation with campers is required. Your teen may only be enrolled for one session.

All CITs will attend an orientation meeting on the first day of camp, where they will receive a CIT T-shirt and an instruction manual. In addition, they will attend weekly workshops to learn new skills from the camp director. Bus transportation will be provided to Hartmann and Peterson Parks only. Bus schedules and camp information will be sent before camp begins.

Please note: Payment for Counselor in Training camp is due in full at the time of registration.

Grades: 8-9 (Based on school year ending in Spring 2016)



CIT for Firefly, Starfish & Lil Rascals Camps

Code	Dates	Days	Time	R/NR
690102-1	6/13-7/7 No camp 7/4	M-Th	9:15a-3:30p	\$214/268
690102-2	7/11-8/4	M-Th	9:15a-3:30p	\$228/285

Sullivan Community Center, Preschool Room B



CIT for Junior Crew Camp

Code	Dates	Days	Time	R/NR
690103-1	6/13-7/7 No camp 7/4	M-Th	9:00a-3:00p	\$214/268
690103-2	7/11-8/4	M-Th	9:00a-3:00p	\$228/285

Hartmann Park

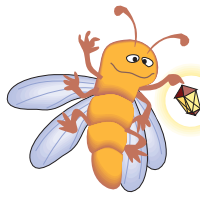


CIT for Little Giants Sports Camp

Code	Dates	Days	Time	R/NR
690101-1	6/13-7/8 No camp 7/4	M/T/Th/F	8:50a-2:30p	\$214/268
690101-2	7/11-8/5	M/T/Th/F	8:50a-2:30p	\$228/285

Peterson Park

Day Camps



Camp Firefly

Let us en-"lighten" your child's summer with arts and crafts, games, stories, songs, show and tell, theme days, special events, and entertainment! Water activities include sprinklers, portable pools and a water slide. Please note: campers stay in their swim suits after water activities. Parents will be asked to provide a snack during the session. Each child will receive a camp t-shirt. Children must be toilet trained.

Please Note: Payment is due in full at the time of registration.

Ages: 3 - 4 years (by 9/1/16)

Code	Dates	Day	Time	R/NR
690401-1	6/13-7/7	M-Th	9:15-11:45a	\$215/269
	No camp 7/4			
690401-2	7/11-8/4	M-Th	9:15-11:45a	\$228/285

Sullivan Community Center, Preschool Room B



Camp Starfish

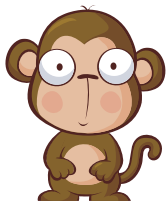
Each star will shine, as we feature a wide spectrum of entertaining experiences! Our adventures will include mini hikes, crafts, stories, nature projects, water play, plus a variety of sports and games. Water activities include portable pools, sprinklers and a water slide. Parents will be asked to provide a snack during the session. Each child will receive a camp T-shirt. Children must be toilet trained.

Please Note: Payment is due in full at the time of registration.

Ages: 4 - 5 years (by 9/1/16)

Code	Dates	Day	Time	R/NR
690301-1	6/13-7/7	M-Th	12:30-3:30p	\$257/321
	No camp 7/4			
690301-2	7/11-8/4	M-Th	12:30-3:30p	\$275/344

Sullivan Community Center, Preschool Room B



Lil Rascals Camp

Pack their lunch and their swim suits. This camp for 4,5 and 6 year olds provides an opportunity to attend an all-day camp at the Sullivan Center that will include lunches together as well as swimming at the Family Aquatic Center two mornings per week. Our swim time will be closely supervised by our counselors as well as pool staff. Our camp days will also include time in the gymnasium for sports and games. But wait, there's more! We will also have use of the community room and classrooms for arts and crafts, songs, stories and entertainment. We will walk to nearby Augusta Park occasionally

Ages: 4 - 6 years (Must be 4 years old by the first day of camp.)

Code	Dates	Day	Time	R/NR
690501-1	6/13-7/8	M-F	9:15a-2:15p	\$543/679
	No camp 7/4			
690501-2	7/11-8/5	M-F	9:15a-2:15p	\$572/715

Sullivan Community Center, Preschool Room B

Day Camps

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EXTENDED CARE / KID ZONE



Extended Care

If you need a safe place for your camper to stay before and after the regular camp day, help is here! This supervised, low-key program is available to campers enrolled in Sports Camp, Junior Crew, Little Giants, Road Trip, Girlfriends, S.O.S. and Kid Zone Half Day Camp. Parents drop off and pick up their children at the Sullivan Community Center. The Park District will transport campers to and from their respective camp sites each morning and afternoon.

No camp on July 4.

Grades: K-7 (Based on school year ending in Spring 2016)

Extended Day Camp AM - 6:00a-9:00a

Code	Dates	Day	R/NR
691201-1	6/13-7/8	M-F	\$275/343
691201-2	7/11-8/5	M-F	\$289/361

Extended Day Camp PM - 3:00p-6:00p

Code	Dates	Day	R/NR
691202-1	6/13-7/8	M-F	\$275/343
691202-2	7/11-8/5	M-F	\$289/361

Extended Day Camp AM & PM - 6:00a-6:00p

Code	Dates	Day	Time
691203-1	6/13-7/8	M-F	\$504/630
691203-2	7/11-8/5	M-F	\$530/633

Sullivan Community Center, Afterschool Room



Kid Zone 1/2 Day Camp

Kid Zone is a five-week camp that complements the HEI Program. Campers will enjoy games, activities, sports, crafts and two days of open swim per week at the Family Aquatic Center.

Each day, campers will need to bring a non-perishable sack lunch and drink as we will start the camp day by eating lunch. Pick-up is at Townline Elementary at 3 pm.

Grades: K-7 (Based on school year ending in Spring 2016)

R/NR: \$396/495

Code	Dates	Day	Time
690201-2	7/5-8/5	M-F	12:00-3:00p

Townline Elementary School



Play Longer, Live Stronger

Day Camps



Junior Crew

At Junior Crew, your children will enjoy arts and crafts, theme days, sports and games, cookouts, and much more. The adventures don't stop on land!

Campers will enjoy swim lessons and recreational swimming at the Family Aquatic Center on Mondays and Wednesdays. Weekly Friday field trips will take our campers to some exciting places near Vernon Hills.

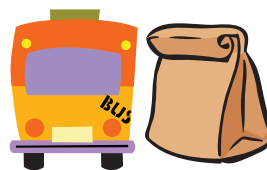
Please indicate your child's last completed swim level on the Camp registration form.

Grades: K-3 (Based on school year ending in Spring 2016)

Code	Dates	Day	Time	R/NR
690601-1	6/13-7/8	M-F	9:00a-3:00p	\$698/873
690602-1	6/13-7/7	M-Th	9:00a-3:00p	\$551/689
	No camp 7/4			
691501-1	Lunch Option			\$48
690601-2	7/11-8/5	M-F	9:00a-3:00p	\$734/918
690602-2	7/11-8/4	M-Th	9:00a-3:00p	\$588/735
691501-2	Lunch Option			\$48

Hartmann Park

(847) 996-6800



Little Giants Sports Camp

Little Giants Sports Camp is designed to offer your child fun and exciting summer sports activities including water play, relay races, sports theme days, recreational swim and group games! Campers will be bussed to the Family Aquatic Center two times per week for recreational swimming and twice weekly swim lessons. Please indicate your child's swim level on the Camp registration form. Weekly field trips take our campers to exciting places near Vernon Hills.

Grades: K-3 (Based on school year ending in Spring 2016)

Code	Dates	Day	Time	R/NR
690801-1	6/13-7/8	M-F	8:50a-2:50p	\$698/873
	No camp 7/4			
691503-1	Lunch Option			\$48
690801-2	7/11-8/5	M-F	8:50a-2:50p	\$734/918
691503-2	Lunch Option			\$48

Peterson Park



Girlfriends Camp

Grab your friends and join us at a camp just for girls. Girlfriends camp is perfect for that young girl who is creative and loves to make

crafts, spend time making new friends and getting on stage to show off her dance and singing skills! Shy or outgoing, if you're a girl going into 3rd-6th grade, you will love this camp! Campers will venture outdoors for some exciting games and innovative group activities. Participants will enjoy recreational swimming at our Family Aquatic Center twice a week and a once a week fieldtrip.

Grades: 2-5 (Based on school year ending in Spring 2016)

Code	Dates	Day	Time	R/NR
690901-1	6/13-7/8	M-F	9:00a-3:00p	\$562/703
	No camp 7/4			
691504-1	Lunch Option			\$48
690901-2	7/11-8/5	M-F	9:00a-3:00p	\$592/740
691504-2	Lunch Option			\$48

Sullivan Community Center, Meeting Rooms A & B

Register online at www.vhparkdistrict.org

Day Camps



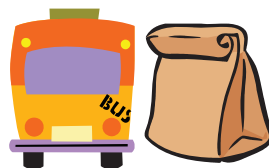
Road Trip

Are you ready to roll? Campers will be on the go in Road Trip! They will travel to the Family Aquatic Center twice per week (weather permitting) and will head out on a road trip two additional days. Road trip locations will vary and will include some waterparks. Last year's highlights included a Soldier Field tour and the Lake County Fair. One day per week the camps will stay at the camp site and will participate in traditional camp games and activities. Campers will be asked to provide input into planning these activities.

Grades: 4-7 (Based on school year ending in Spring 2016)

Code	Dates	Day	Time	R/NR
690701-1	6/13-7/8	M-F	9:00a-3:00p	\$751/939
	No camp 7/4			
691502-1	Lunch Option			\$48
690701-2	7/11-8/5	M-F	9:00a-3:00p	\$791/988
691502-2	Lunch Option			\$48

Century Park North Pavilion



Sports Camp

All kids, athletes and non-athletes, will have a blast at Sports Camp. This camp will include 2 weekly trips to the Family Aquatic Center (weather permitting) and 1 field trip per week. Field trip locations vary and will include some waterparks. Last year's highlights included the Lake County Fair and a Soldier Field Tour. The remaining two days will be filled with exciting sports activities including water days, relay races & sport theme days. Campers will be given the opportunity to help plan activities.

Grades: 4-7 (Based on school year ending in Spring 2016)

Code	Dates	Day	Time	R/NR
691001-1	6/13-7/8	M-F	9:00a-3:00p	\$698/873
	No camp 7/4			
691505-1	Lunch Option			\$48
691001-2	7/11-8/5	M-F	9:00a-3:00p	\$734/918
691505-2	Lunch Option			\$48

Century Park North Pavilion

Extend your child's summer camp with
LAST BLAST DAY CAMP - A full day camp in August!
See page 16 for details.



S.O.S. Camp (Summer of Service)

Join us for our Summer of Service as we venture out to volunteer in the community! You can do it just for

fun or to collect volunteer hours for church or school. A camp week will include two days of volunteering at a local business, organization or helping with a fundraising event, two days of swimming at our Family Aquatic Center and one field trip.

Grades: 4-7 (Based on school year ending in Spring 2016)

Code	Dates	Day	Time	R/NR
691101-1	6/13-7/8	M-F	9:00a-3:00p	\$588/735
	No camp 7/4			
691506-1	Lunch Option			\$48
691101-2	7/11-8/5	M-F	9:00a-3:00p	\$619/774
691506-2	Lunch Option			\$48

Sullivan Community Center, Afterschool Room

Sports Camps



The White Sox are coming to your neighborhood! For twenty years, the Chicago White Sox have brought quality baseball instruction to children throughout Chicagoland! If you want to be the best, you've got to train with the best!

Since 1994, more than 50,000 youth baseball players have attended one of our White Sox summer camps to focus on essential individual baseball skills. Professional coaches from the White Sox organization have programs designed for kids from 5-12 at every ability level. Every summer camp participant receives an exclusive U.S. Cellular Field experience! This opportunity of a lifetime for each camp participant, along with one guest, will include a parade on the field and a Q&A session with a White Sox personality, coach and a current White Sox player!

Also, during the camp, each player will participate in a special skills competition. The Top 30 qualifiers in each age throughout the summer will compete in the finals on U.S. Cellular Field in September. Each camper also receives six (6) White Sox ticket vouchers*, Academy hat, t-shirt, evaluation report and graduation certificate. Restrictions apply to ticket vouchers. Experience dates are to be determined, premium items subject to change.



Little Sluggers

This beginner program is open to boys and girls ages 5-6 years old. In addition to focusing on the basics of the game, players will also learn that practice leads to improvement and the best way to have more fun is playing baseball.

Ages: 5 - 6 years

Code	Dates	Days	Time	R/NR
191103-1	7/11-7/14	M-Th	8:30-11:00a	\$149/186

Vernon Hills Athletic Complex

White Sox Intermediate Camp

This camp focuses on essential individual aspects of baseball including throwing, hitting, bunting, fielding, pitching and base-running. Throughout the week, lessons will be reinforced by using fun skill games.

Ages: 7 - 8 years

Code	Dates	Days	Time	R/NR
191101-1	7/11-7/14	M-Th	8:30-11:30a	\$199/249

Vernon Hills Athletic Complex

White Sox Advanced Camp

This camp builds upon the basics and will advance your game to the next level. Depending on the skill level of the players, this camp will touch on advanced hitting and throwing techniques, advanced base running and other techniques that could be used on the field this season. On the final day all players will get the opportunity to judge their improvement by playing a game.

Ages: 9 - 12 years

Code	Dates	Days	Time	R/NR
191102-1	7/11-7/14	M-Th	8:30-11:30a	\$199/249

Vernon Hills Athletic Complex



Skyhawks provides a wide variety of fun, safe and positive programs that emphasize critical lessons in sports and life, such as teamwork, respect and sportsmanship. Our programs are designed to give each child a positive introduction into sports while fostering a lifelong love for an active, healthy lifestyle. Our patient and knowledgeable staff use a variety of skill-building games and activities to give each athlete a complete understanding and overview of the sport. Since 1979, Skyhawks has taught over one million boys and girls life lessons through sports. Please view their website at www.skyhawks.com for further information.

Tiny-Hawk Multi Sport

The essentials of soccer and basketball are introduced in a fun and safe environment with lots of encouragement. Children will learn balance, body movement, hand/eye coordination, and skill development through a series of sport-specific games tailored to their attention spans. Our staff are trained to handle the specific needs of these young athletes. The participant-to-coach ratio is approximately 6:1. Participants should bring appropriate clothing, a water bottle, running shoes and sunscreen. All participants receive a merit award. All participants must be toilet trained. **This is not a drop-off program; a parent or caregiver must stay and participate with throughout the program.**

Ages: 3 - 4 years

Code	Dates	Days	Time	R/NR
191205-1	7/5-7/8	Tu-F	9:00-10:00a	\$79/99

Hawthorn Mellody Park

Mini-Hawk Multi Sport

This multi-sport program was developed to give children a positive first step into athletics. The essentials of baseball, basketball and soccer are taught in a safe, structured environment with encouragement and focus on fun. Our Mini-Hawk games and activities were designed to allow campers to explore balance, movement, hand/eye coordination, and skill development at their own pace. The participant-to-coach ratio is approximately 8:1. Participants should bring appropriate clothing, two snacks, a water bottle, running shoes and sunscreen. All participants receive a t-shirt, ball and a merit award.

Age: 4 - 7 years

Code	Dates	Days	Time	R/NR
191206-1	7/5-7/8	Tu-F	9:00-12:00p	\$119/149
191206-2	8/1-8/5	M-F	9:00-12:00p	\$129/161

Hawthorn Mellody Park

Skyhawks Cheerleading

Young athletes learn the essential skills to lead crowds and support the home team! This entry-level program ensures that each camper learns cheers, proper hand and body movements, and jumping techniques. There is no stunting - just a big focus on fun while each cheerleader learns team building and leadership. The week concludes with a choreographed performance and, when available, a chance to cheer at a Skyhawks football or basketball camp! The participant-to-coach ratio is approximately 10:1. Participants should bring appropriate clothing, two snacks, a water bottle, running shoes, and sunscreen. All participants receive pom-poms, a t-shirt, and a merit award.

Ages: 5 - 10 years

Code	Dates	Days	Time	R/NR
191210-1	7/25-7/29	M-F	9:00a-12:00p	\$129/161

Vernon Hills Athletic Complex



Sports Camps

Skyhawks Multi-Sport & Swim

Our multi-sport camp is designed to introduce young athletes to a variety of different sports in one setting. We combine soccer, baseball, football & ultimate frisbee into one fun-filled week. Athletes will learn the rules and essentials of each sport through skill-based games and scrimmages. By the end of the week, campers will walk away with knowledge of multiple sports along with vital life lessons such as respect, teamwork, and self-discipline. Participants will finish camp the final 2 hours each day swimming at the Family Aquatic Center. The participant-to-coach ratio is approximately 12:1. Participants should bring appropriate clothing, a lunch and two snacks, a water bottle, running shoes, a baseball glove, swim suit, towel and sun-screen. All participants receive a t-shirt and a merit award.

Age: 6 - 12 years

Code	Dates	Days	Time	R/NR
191207-1	6/13-6/17	M-F	9:00a-3:00p	\$175/219

Family Aquatic Center

Skyhawks Flag Football

Skyhawks Flag Football is the perfect program for young athletes who want a complete introduction to "America's Game" or for those who simply want to brush up on their skills in preparation for league play. Through our "skill of the day" activities, campers will learn skills on both sides of the ball including the core components of passing, catching, and de-flagging or defensive positioning – all presented in a fun and positive environment. Skyhawks Flag Football is recommended for beginning to intermediate athletes. The week ends with the Skyhawks Super Bowl, giving participants a chance to showcase their skills on the gridiron!

All participants receive a t-shirt, football, and player evaluation. The participant-to-coach ratio is approximately 12:1. Participants should bring appropriate clothing, two snacks, a water bottle, running shoes, and sunscreen.

Dates: 7/25-7/29

Code	Ages	Days	Time	R/NR
191209-1	6-12	M-F	9:00a-12:00p	\$129/161
191209-2	5-7	M-F	9:00a-12:00p	\$129/161

Vernon Hills Athletic Complex



Skyhawks Golf Camp

Skyhawks Golf focuses on building the confidence of young athletes by teaching proper technique to refine essential skills of the game. Golf is a challenging and lifelong sport, so young athletes need proper focus on the fundamentals of form, swinging, putting, and body positioning. To assist in this training, Skyhawks has adopted the SNAG (Starting New At Golf) system to its curriculum. SNAG utilizes a set of equipment designed for beginning golfers, including oversized plastic club heads and "mini tennis balls" to help build confidence and to have fun.

Developed by PGA professionals, SNAG is specifically designed for the entry-level player; SNAG simplifies instruction so that young players can make an easy and effective transition onto the golf course. No need to bring your own clubs - all equipment is provided. All participants receive a t-shirt and a merit award. The participant-to-coach ratio is approximately 8:1. Participants should bring appropriate clothing, two snacks, a water bottle, running shoes, and sunscreen.

Dates: 7/11-7/15

Code	Ages	Days	Time	R/NR
191204-1	5-9	M-F	9:00a-12:00p	\$129/161
191204-2	3-4	M-F	1:00-2:00p	\$79/99

Hawthorn Melody Park

Register online at www.vhparkdistrict.org

Skyhawks Track & Field

Skyhawks Track & Field was developed to introduce young athletes to this sport rich in tradition and history. These programs combine technical development and fundamental techniques with safety and a major focus on fun! Using special equipment, our staff teach exercises and drills that prepare athletes for a future in cross-country, track & field events, and distance running while inspiring a love for running and being active. The fundamentals of body positioning, stride, proper stretching, and cool-down techniques are covered in this unique program. Participants will put it all together for one fun-filled day at the end of the week at the Skyhawks track meet! Go to www.skyhawks.com for more detailed information and sample schedules.

All participants receive a t-shirt and a merit award. The participant-to-coach ratio is approximately 14:1. Participants should bring appropriate clothing, two snacks, a water bottle, running shoes, and sunscreen.

Ages: 7 - 12 years

Code	Dates	Days	Time	R/NR
191208-1	8/1-8/5	M-F	9:00a-12:00p	\$129/161

Vernon Hills Athletic Complex



Skyhawks Multi Camp

Our multi-sport camp is designed to introduce young athletes to a variety of different sports in one setting. For this program, we combine soccer, baseball, basketball & football into one fun-filled week. Athletes will learn the rules and essentials of each sport through skill-based games and scrimmages. By the end of the week, your child will walk away with knowledge of multiple sports along with vital life lessons such as respect, teamwork, and self-discipline.

All participants receive a t-shirt and a merit award. The participant-to-coach ratio is approximately 12:1. Participants should bring appropriate clothing, a lunch and two snacks, a water bottle, running shoes, a baseball glove, and sunscreen.

Ages: 6 - 12 years

Code	Dates	Days	Time	R/NR
191201-1	7/18-7/22	M-F	8:00a-3:00p	\$169/211
191201-2	7/18-7/22	M-F	9:00-12:00p	\$125/156

Hartmann Park

where every girl plays!

Girls Summer Lacrosse

Our camps are run by an experienced and skilled coaching staff including women with high school, collegiate, and post collegiate playing experience, current college athletes, and current varsity high school athletes. Quality coaching is our #1 priority. Open to players of all skill levels, kindergarten-8th grade.

Please note: goggles, sticks and mouth guards are required equipment to play.

Grades: K-8 (Based on school year ending Spring 2016)

Code	Dates	Days	Time	Fee
191701-1	6/20-6/23	M-Th	1:00-3:00p	\$130

Sports Camps



Fliptastic Skills Camp

The goal of this camp is to allow gymnastics skill progression on all events. Gymnasts will be broken up into two groups according to ability, and rotate to four events per day for the duration of the week. Supervised open gym time and water activities are also included in this

five day program. Progress charts will be sent home at the end of each week.

Ages: 6 - 12 years

R/NR Fee: \$205/256

Code	Dates	Days	Time
191301-2	6/20-6/24	M-F	10:00a-2:00p
191301-3	7/18-7/22	M-F	10:00a-2:00p

North Shore Gymnastics



"JFB" Just for Boys Camp

Flips are calling all active and energized boys! This is a week of skills and fun! Join us for gymnastics, games, challenges, obstacle courses, water play, pit play, basketball, soccer, "cup of dirt", silly string wars and Wild West crafts!

Ages: 5-11 years

R/NR Fee: \$205/256

Code	Dates	Days	Time
191303-1	7/25-7/29	M-F	10:00a-3:00p

North Shore Gymnastics

(847) 996-6800



Fliptastic Fun Camp

These themed camps incorporate gymnastics with various activities throughout the day that are perfectly suited for our facility. Each day will begin with an hour of gymnastics instruction. Games, trampoline, pit play, obstacle course, inflatable waterslide, art, and ice cream truck are all part of the week's activities.

Camp Checklist: Peanut free lunch, towel, sunscreen, water bottle, ice cream money.

Ages: 5 - 12 years

Time: 10:00a-3:00p

R/NR: \$205/256

Code	Dates	Days	Theme
191302-1	6/13-6/17	M-F	Beach Bash
191302-2	6/27-7/1	M-F	Red, White, & Blue
191302-3	7/11-7/15	M-F	Olympics
191302-4	8/1-8/5	M-F	Luau
191302-5	8/8-8/12	M-F	Back to School

North Shore Gymnastics, 27825 Irma Lee Circle, Lake Forest

Register online at www.vhparkdistrict.org



Coach Thourson Basketball Camp

This comprehensive and in-depth camp covers 21 areas of basketball performance. Coach Terry Thourson utilizes over 30 years of coaching and basketball experience to teach his proven drills and techniques that enhance player development. Each child will receive a complete basketball primer. If you have any questions, contact Coach Thourson at (847) 624-1787.

Grades: 1-8 (Based on school year ending Spring 2016)

Code	Dates	Days	Time	R/NR
Grades 1-4				
191502-1	6/20-6/24	M-F	9:00-10:30a	\$50/63
191502-2	7/11-7/15	M-F	6:00-7:30p	\$50/63
191502-3	7/18-7/22	M-F	9:00-10:30a	\$50/63
191502-4	8/1-8/5	M-F	9:00-10:30a	\$50/63
191502-5	8/8-8/12	M-F	9:00-10:30a	\$50/63

Grades 5-8

191502-A	6/20-6/24	M-F	10:45a-12:45p	\$67/84
191502-B	7/18-7/22	M-F	10:45a-12:45p	\$67/84
191502-C	8/1-8/5	M-F	10:45a-12:45p	\$67/84
191502-D	8/8-8/12	M-F	10:45a-12:45p	\$67/84

Location TBD

Shooting Camp (Extension of Thourson Basketball Camp)

Coach Terry Thourson utilizes 30 years of coaching and basketball experience to teach his proven drills and techniques that enhance player development. If you have any questions, contact Coach Thourson at (847) 624-1787.

Grades: 4-8 (Based on school year ending Spring 2016)

Code	Dates	Days	Time	R/NR
191503-1	7/6-7/8	W-F	10:00a-12:00p	\$41/51

Location TBD

Junior Threat Basketball Camp

Start off your summer with a week of basketball and fun with Triple Threat! Our Jr. Threat programs are taught in a fun and enthusiastic environment with an emphasis on development. Each day the fundamentals of ball handling, passing, shooting and defensive positioning will be taught, while also competing in games and contests.

Grades: K-2 (Based on school year ending Spring 2016)

Code	Dates	Days	Time	Fee
191601-1	6/13-6/23	M-Th	10:00-11:30a	\$195
191601-2	7/11-7/21	M-Th	10:00-11:30a	\$195
191601-3	8/8-8/18	M-Th	10:00-11:30a	\$195

Location TBD



Triple Threat Basketball Camp

Start off your summer vacation with a week of basketball and fun with Triple Threat! Players will work on fundamental skills, while also experiencing group stations, game-play and daily competitions. The fundamentals of ball handling, shooting, passing and defense positioning will be taught throughout the camp by qualified Triple Threat staff members.

Grades: 3-6 (Based on school year ending Spring 2016)

Code	Dates	Days	Time	Fee
191604-1	6/13-6/23	M-Th	12:00-1:30p	\$195
191604-2	7/11-7/21	M-Th	12:00-1:30p	\$195
191604-3	8/8-8/18	M-Th	12:00-1:30p	\$195

Location TBD

Lady Cougars Basketball Offensive Skills Camp

This camp focuses on offensive fundamentals including ball handling, shooting, passing and movement. These skills will be put in use through daily scrimmages. Another focus will be free throw shooting improvement throughout the camp. Camp is directed by Stacie Brettner.

Grades: 4-7 (Based on school year ending Spring 2016)

Code	Ages	Dates	Days	Time	Fee
191501-1	4-5	6/8-6/24	W-F	1:30-3:00p	\$90
191501-2	6-7	6/8-6/24	W-F	3:00-4:30p	\$90
No class 6/15, 6/16, 6/17					

Location TBD

Mini Camps



Last Blast Day Camp - Full Day Camp in August!

Extend your summer fun with this late summer day camp! Each week campers will enjoy game, arts and crafts, field trips, and three afternoons of swimming at the Family Aquatic Center. Campers will be grouped by age. Bring a lunch to camp each day. Drop off and pick up will be at the Sullivan Community Center. Sign up for either one or two weeks. **The registration deadline for this camp is Friday, July 31.**

Age: Grades: K-7 (Based on school year ending Spring, 2016)

Code	Dates	Day	Time	R/NR
691301-1	8/8-8/12	M-F	8:00a-4:00p	\$197/246
691301-2	8/15-8/19	M-F	8:00a-4:00p	\$197/246

Sullivan Community Center, Community Room

Last Blast Extended Day

Code	Dates	Day	Time	R/NR
691401-1	8/8-8/12	M-F	6:30a-6:00p	\$80/100
691401-2	8/15-8/19	M-F	6:30a-6:00p	\$80/100

Sullivan Community Center, Community Room



(847) 996-6800

Sunshine Arts & Crafts Amazing Art

Amazing Art Mini Camp combines all your favorite art projects and mixed media. Each day, kids will make a new project. On the first day, the children create Tie Dye shirts to use as art smocks for the week. In this five-day unique workshop, campers will experience pottery painting, create fired ceramic arts, create watercolor arts, make recycled arts projects and more! Lessons will include concepts and techniques kids can use for a lifetime. The experience of creating awesome projects will result in great self-esteem and a sense of accomplishment. Finished creations will be taken home immediately and the fired ceramic project will be available to pick up at the desk in one week. This is a drop-off class only.



Grades: K - 5 (Based on school year ending Spring 2016)

Code	Dates	Days	Time	R/NR
190401-1	8/8-8/12	M-F	3:30-4:30p	\$132/165
190401-2	8/15-8/19	M-F	3:30-4:30p	\$132/165

Sullivan Community Center, Afterschool Room



Mars Jamzz I Intro to Guitar/Keyboard

Experience quality instruction in a friendly format that stresses fun as well as learning. Students will be introduced to the basics of both the guitar and keyboard in this week long camp. The book fee is an additional \$30 and if you need to rent instruments it is an additional \$60 for both or \$30 for a single instrument. If you wish to rent instruments, please call Jay Bullman at least one week in advance of the class at 847-996-6807.

Ages: 7 - 12 years

Code	Dates	Days	Time	R/NR
191001-1	6/13-6/17	M-F	9:00-11:00a	\$150/188
191001-2	7/11-7/15	M-F	9:00-11:00a	\$150/188
191001-3	8/8-8/12	M-F	9:00-11:00a	\$150/188

Laschen Community Center, Marimac Room

Register online at www.vhparkdistrict.org

Jr. Transportation Workshop

This workshop gives you the chance to learn to draw all the different modes of transportation we use to get around, maybe even some we don't use! Cars, trucks, airplanes, helicopters and more will fill our drawings. We will complete our last day with one large scene including as many roads, bridges and vehicles as we can draw.

Ages 4 - 6 years

Code	Dates	Days	Time	R/NR
190805-1	8/15-8/19	M/W/F	10:15-11:45a	\$87/109

Laschen Community Center, Donald Hook Lions Den



Junior Princess Workshop

Everybody loves to play dress-up! In this workshop, we will learn to draw ourselves in "glamour" wear. Day 1, we will draw accessories including purses, crowns and jewelry. On Day 2, we will draw simple faces with crowns and hats. Day 3 will revisit the first two days while we draw figures wearing fancy gowns with a variety of accessories. Step-by-step Young Rembrandts drawing techniques will insure our success! Pencils, color pencils, markers and Sharpies™ will be used.

Ages: 4 - 6 years

Code	Dates	Days	Time	R/NR
190902-1	8/8-8/12	M/W/F	10:15-11:45a	\$87/109

Laschen Community Center, Donald Hook Lions Den



Pirate Workshop

Ahoy mates! Join us as we explore the world of pirates with new drawing adventures! Pirates, treasure maps, sunken treasures, parrots, a grand pirate ship and more will inspire us as we draw, using cartoon and realistic drawing techniques. Kids love drawing our playful, expressive characters and will complete several drawings each day using the unique Young Rembrandts drawing method. They will show you all they have learned over the week when they complete one large scene on the final day. Get ready for pirate fun and enroll today! All materials provided and include pencils, color pencils, Sharpies™ and markers.

Ages 6 - 12 years

Code	Dates	Days	Time	R/NR
190806-1	8/15-8/19	M/W/F	12:00-2:00p	\$108/135

Laschen Community Center, Donald Hook Lions Den

Pastel Drawing Workshop - Oceanlife

Five, fun-filled days await our students as we explore ocean life as they learn to draw and color with pastels. We will create detailed, pastel compositions on each day, focusing on a different ocean-themed subject. We will draw eye-catching sea stars along the shoreline and a pair of vibrant clown fish. We will illustrate a sea turtle with bold patterns, a blue crab and a wondrous scene of jellyfish. Our instruction will bring remarkable results, and you will want to head to the frame shop with your child's finished pastel pieces. These pastel drawings will reward students with a great sense of pride and accomplishment. Enroll today!

Ages: 6 - 12 years

Code	Dates	Days	Time	R/NR
190803-1	8/8-8/12	M-F	12:00-2:00p	\$172/215

Laschen Community Center, Donald Hook Lions Den

Mini Camps

Science Party Sampler Camp

This will be an exciting week of science camp - where students explore all sorts of science topics - from why the brain works the way it does, to how rockets can be launched so high in the sky. We will cover areas of biology, chemistry, and physics at an age-appropriate level, while having tons of fun! There will be many take home activities and your child will be excited to learn more science in the coming school year! Please send camper with a small snack and drink each day.

Grades: K - 4 (Based on school year ending Spring 2016)

Code	Dates	Days	Time	R/NR
191802-1	8/8-8/12	M-F	9:00-11:30a	\$213/266

Sullivan Community Center, Afterschool Room



Mighty Mathematicians Camp

This class is an exciting way for your child to practice their math skills over the summer while having fun. Math enrichment activities include Magic Money Machine, making a Magic Band, and working out a Magic Square. We also find out how many pieces of candy can fit in the classroom, talk about symmetry, and play math card games, among many other fun math-related activities. We will also play team games with prizes. Your children will come home with a passion for math and a greater understanding of math's real-world applications.

Ages: 8 - 11 years

Code	Dates	Days	Time	R/NR
190501-1	8/8-8/12	M-F	2:15-3:45p	\$105/131
190501-2	8/15-8/19	M-F	2:15-3:45p	\$105/131

Sullivan Community Center, Meeting Room B

(847) 996-6800



Wicked Science Lift Off Engineering

Do you love how rockets blast into space or wonder what it would be like to parachute gracefully down to earth? We will build and test rockets and airplanes and discover what makes a successful flight. Find out the physics behind the forces of flight. Build parachutes and marshmallow catapults and chart your distances to determine the winner! We will learn about important engineering careers and discover technologies that exist in our society to help deepen our scientific skills! Activities will allow you a chance to ask questions and define problems; develop and use models, plan and carry out investigations, analyze and interpret data, construct explanations and design solutions, engage in argument from evidence, and obtain, evaluate, and communicate information.

Grades: 4 - 5 (Based on grade ending Spring 2016)

Code	Dates	Days	Time	R/NR
192002-1	8/15-8/19	M-F	1:00-4:00p	\$250/313

Sullivan Community Center, Afterschool Room

Wicked Science Reaction/Action

Take a walk into the exciting lab of a chemist where you will mix, measure, and make predictions to 'think like scientists' and also discover why things act like they do. Students will expand their knowledge of science concepts with in-depth activities that use critical thinking and reasoning skills that helps build a strong foundation towards scientific literacy and STEM goals. We will do experiments that explore the different states of matter and their properties which include the molecule 'dance'. We will shine pennies in seconds and blow up balloons without using our lungs. There are many ways to measure what we observe, and we will keep journals to keep track of our investigations. A new activity each day with results that will astound you!

Grades: 2 - 5 (Based on grade ending Spring 2016)

Code	Dates	Days	Time	R/NR
192001-1	8/15-8/19	M-F	9:00a-12:00p	\$250/313

Sullivan Community Center, Afterschool Room

Register online at www.vhparkdistrict.org

Strategy for Kids Camp

This class is an exciting opportunity for your child to develop logic, problem solving, and planning skills. In every class, each child will learn two or three new skill-based games (no luck or chance involved). Both team and individual games will be played. There will also be a tournament with prizes!

Ages: 6 - 11 years

Code	Dates	Days	Time	R/NR
190701-1	8/8-8/12	M-F	12:30-2:00p	\$109/136
190701-2	8/15-8/19	M-F	12:30-2:00p	\$109/136

Sullivan Community Center, Meeting Room B



Chess Scholars Mini Camps

This camp is great for both beginners and experienced young players. Each class will consist of a fun interactive teaching period and guided practice time. Both new and returning participants are welcome and will get to the next level under the guidance of an experienced Chess Scholars Coach. Children will have an opportunity to test for a Chess Belt® under a unique Chess Scholars system patterned after martial arts belts. There will also be a chess competition with prizes! Please bring your own snacks.

Ages: 6 - 13 years

Code	Dates	Days	Time	R/NR
190202-1	7/11-7/15	M-F	9:00-12:00p	\$172/215
190202-2	7/18-7/22	M-F	9:00-12:00p	\$172/215

Laschen Community Center, Carriage Green Room

Code	Dates	Days	Time	R/NR
190201-1	8/8-8/12	M-F	9:00-12:00p	\$172/215
190201-2	8/15-8/19	M-F	9:00-12:00p	\$172/215

Sullivan Community Center, Meeting Room B



*Summer Fun at the
Family Aquatic Center!*

Special Rec Camps



Special Recreation Association
of Central Lake County

The Vernon Hills Park District is a cooperative member agency of the Special Recreation Association of Central Lake County. SRACLCL provides community based therapeutic recreation programs and services to people of all ages with disabilities or special needs.

SRACLCL is a cooperative effort of the Grayslake, Vernon Hills, and Mundelein Park Districts and the Villages of Hawthorn Woods, Lake Zurich, Libertyville, and Lincolnshire. Individuals residing within the boundaries of the Member Agencies are considered "residents" of SRACLCL and may utilize the services.

SRACLCL offers more than 500 weekly programs, special events, and camps during the year. SRACLCL also recognizes that some people with disabilities prefer to participate in recreation programs within their own Park District or Recreation Department. SRACLCL can help you with this opportunity by providing an extra staff, if deemed necessary, behavior management support, disability awareness training, and other adaptive services necessary for safe and successful participation.

Contact the SRACLCL office (847) 816-4866 if you would like to receive a brochure or would like more information.

SRACLCL Needs Your Help!

Program leaders, part-time staff, and volunteers are needed to assist individuals with special needs or disabilities. If you are interested in part-time work, please contact the SRACLCL office at (847) 816-4866.



(847) 996-6800



SRACLCL Day Camp 2016

SRACLCL camps are geared towards children and teens, ages 3 – 21, with special needs or those who have better success in smaller groups with more supervision. Counselors plan fun and exciting activities such as high energy group games, themed crafts, water play, singing and dancing, morning field trips, and so much more. Campers will go swimming every Tuesday and Thursday afternoon as well as enjoy outdoor play each day. NOTE: Campers are grouped according to age and ability.

At-A-Glance Day Camp Schedule

Session One: Monday-Thursday, June 13-23
 Firecrackers Camp: Monday-Thursday, June 27-July 7 (no 7/4)
 Session Two: Monday-Thursday, July 11-21,
 Session Three: Monday-Thursday, July 25-August 4
 August Adventures: Monday-Thursday, August 8-11
 Friday Fieldtrips: Fridays, June 17-August 5

Please contact Katelin Sheppard, ksheppard@sraccl.org or Michelle Mark, mmark@sraccl.org or call (847)816-4866 with questions regarding Day Camp.

Register online at www.vhparkdistrict.org



Summer Splash!

Friday, August 5 • 5:30 – 8:00 pm
Family Aquatic Center

A Pool Party for Everyone!



Kids Activity Area



Duck Race

Poolside music by A-Z Entertainment



Tickets: \$1 each until 9 pm on August 4
\$5 each on day of event.
Children under 2 are free.

Tickets can be purchased online, at the Sullivan Center or Lakeview Fitness Center. No online sales on day of event.

August 19 6 pm-12 am

August 20 3 pm-12 am

Visit
www.littlebearribfest.com
for event details.

RibFest

LITTLE

BEAR

Vernon Hills Park District★

Blues, Brews, & BBQ

Proceeds benefit the
Family Scholarship Fund.