#### **Summer 2019**

Dear Action Camp Parents and Guardians,

Welcome to Vernon Hills Park District's Action Camp!

Your camper can look forward to a fun filled and adventurous experience this summer!

Sports, games, group activities and swimming await your camper(s) along with some fantastic field trips.

We are looking forward to meeting everybody and having a great summer!

#### Location

Camp will be held at Cynthia Peterson Park, 200 Hawthorn Parkway, Vernon Hills, IL 60061.

It is located across from Middle School North. Drop off and pick up will be in the parking lot of Middle School North.

After 9 am, campers will have to be walked to the shelter of Peterson Park.

**Camp Days**: Camp runs from 9:00 am – 3:00 pm, Monday through Friday.

New this year: we are offering camps in one- week sessions:

Session 1: Monday, 6/10 through Friday, 6/14

Session 2: Monday, 6/17 through Friday, 6/21

Session 3: Monday, 6/24 through Friday, 6/28

Session 4: Monday, 7/1 through Friday, 7/5 (no camp on Thursday, July 4th)

Session 5: Monday, 7/8 through Friday, 7/12

Session 6: Monday, 7/15 through Friday, 7/19

Session 7: Monday, 7/22 through Friday, 7/26

Session 8: Monday, 7/29 through Friday, 8/2

# **Camp Swim Tests**

Campers are required to pass a basic swim test to be able to swim with the Vernon Hills Park District. Parents are encouraged to attend one of them to have their camper/s tested before the first day of camp. Campers who do not attend the swim test days will be tested on their first camp pool day. Swim Tests are being held at the Family Aquatic Center on

Friday, June 7<sup>th</sup>: 4-6pm

and on

Saturday, June 8<sup>th</sup>: 9-11am

#### Camp Forms:

All camp forms, such as Camp Data, Food Allergy Care Plan, Medication Form and Walking/Biking Waiver will be available online. The Camp Data Form can be submitted online.

Medical related forms, medicines and waivers need to be turned in to the Site Directors in person on the first day of camp.

# All Forms must be turned in prior to the first day of camp!

# **Drop Off & Pick Up**

Please note that the earliest time to drop-off is 8:50AM (unless otherwise noted due to an early departure for a field trip).

Pick-up is at 3:00 PM.

Every camper has to be signed in and out by a parent/guardian.

If your camper is walking or biking to and from camp, please fill out our Summer Camp Walking/Biking Waiver. Campers, who are walking and biking to and from camp, will have to sign themselves in and out each camp day.

# **Absences**

In case your child is absent from camp, please call the Camp Site Director before the start of the camp day. Unless the Camp Site Director has been notified that a camper will be absent, they are required to call about any camper that is absent at the beginning of each camp day.

#### **Lunch Time**

Please pack a sack lunch and drink/water bottle for your camper every day (unless it is a pool day and they are signed up for the Camp Lunch Option).

We do not have access to a microwave nor do we have refrigerator space. Insulated lunch bags are a great idea.

We also recommend sending an extra snack to hold them until lunch.

Please provide your camper with a water bottle to use every day.

<u>Pool Days Lunch Program:</u> If you registered for the camp lunch option, our Camp Site Director will ask pre-registered lunch participants their menu choice and will inform the concession staff of our orders. This is a pre-registered only lunch option. Campers not enrolled will bring their sack lunches to the pool as usual.

Bo-Bo's of Vernon Hills is the provider at our concession stand this summer. If the weather does not cooperate on swim days and we do not go to the pool, lunches will be delivered to our camp site.

#### **Proper Attire**

Proper attire is very important!

Please send your camper in comfortable, weather appropriate clothing and tennis shoes (please, NO sandals, flip-flops, etc.). Please also send sunscreen and a water bottle with your camper every day, since we are outside daily.

If we plan to do water activities on days other than our pool days, we will send home a reminder for campers to bring a swimsuit and towel. Please mark all of your child's belongings (water bottle, backpack, lunch bags, clothes, etc.) with their name.

### Field Trips

Every Wednesday, we will travel to exciting places! Please see our website for a complete list of field trips included in our summer calendar.

Camp T-shirts, which your child will receive on the first day of camp, <u>must</u> be worn on field trip days. It is very important that our counselors are able to identify ALL CAMPERS, whether the camper is in their group or not.

#### **Personal Items**

We urge that campers DO NOT bring possessions of any type of value to camp. When items are lost or broken, it makes the experience upsetting to the camper rather than fun. It is a situation we hope to completely avoid.

We ask that all personal items including cell phones NOT be brought to camp.

# <u>Cell phones and other electronic devices (such as iPods, iPads, etc.) usage are not allowed during camp hours.</u>

If you need to get a hold of your camper, please contact the Camp Site Director.

Should your camper bring money, he/she is responsible for it. Counselors will not hold money for campers.

Campers will need to bring a sack lunch and a water bottle to all field trips, unless otherwise noted. Most places have concession stands to purchase lunches and snacks if you desire. However, we have, on occasion, run into situations where the concession stands do not open up until a certain time. Your child may have to wait to purchase their lunch and then might not be able to eat at the same time as their fellow campers.

# **Inclement weather**

#### CAMP IS HELD, RAIN OR SHINE!

In case inclement weather happens on a home day, we will stay at Peterson Park.

In case of severe weather, we will be heading to Hawthorn Elementary North, Dual Language and/or Middle North for shelter.

If inclement weather is on a pool day and we are already on our way to the pool, we will try to hold camp in the gym of the Sullivan Center;

If inclement weather is on a field trip day, then we will continue with the planned field trip unless the field trip is weather dependent as well. In that case, we will try to create an alternative field trip.

#### **Pool Days**

Action Camp's pool days are traditionally on Tuesdays and Thursdays. However, due to scheduling there may be a day where our pool days shift. Please see the calendar on the website for more details. We will be swimming from 12:00 PM – 2:30 PM at the Vernon Hills Family Aquatic Center. There will be lifeguards on duty during this time. We ask that you send your camper with a swimsuit, towel and sunscreen on those days.

#### Please note!

Our camp staff must have a note from the camper's parent/guardian in order to allow them to get a ride home with a person not listed on the emergency/transportation pick up information

#### **Meet the Director**

Hello my name is DeAnna SeLander and I will be the director of Action! Camp this summer. This will be my sixth year with Action! Camp (formerly called Sports Camp) and I am looking forward to another wonderful summer. I recently graduated from Carroll University with a degree in Sports and Recreation Administration. During my time at Carroll I participated in Colleges Against Cancer and served as president of my sorority, Chi Omega. I also had the opportunity to work for the 2019 MASL Champions,

the Milwaukee Wave. In my free time I enjoy watching the Cubs, spending time on my lake, and baking. I am looking forward to providing a summer full of action for your child!

# **Important Phone Numbers**

Anna Swain, Recreation Supervisor, 847-996-6805, annas@vhparkdistrict.org

Sullivan Community Center 847-996-6800

Camp Site Director Phone Numbers will be available on the first day of camp, Monday, June 10<sup>th</sup>.

Should you have any questions, please feel free to contact me. We are looking forward to a great summer!

Sincerely, Anna Swain

Recreation Supervisor Vernon Hills park District