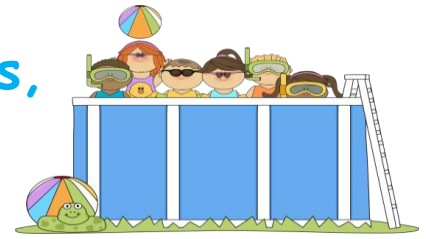


August 2019 Lunch Menu: The Sprouts, Super Stars & Lil Gardeners



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			CENTER CLOSED	CENTER CLOSED
5	6	7	8	9
CENTER CLOSED	Turkey Ham, Salami & Cheese on WG House-Made Italian Sub Bread* Fresh Broccoli Banana Individual Graham Crackers Mayo Water	QC Griddle Sandwich WG Pancakes* & Chicken Sausage Sliced American Cheese Syrup Herbed Potatoes Hawaiian Fruit 1% Milk	Diced Fresh Turkey & Cheese on a WG Soft Flour Tortilla* Carrot Sticks Banana Individual Pretzels Mayo 1% Milk or Water	Sloppy Joe Cucumber Slices House-Made Ranch Dip Pineapple WG House-Made Bun* 1% Milk
12	13	14	15	16
Chicken Tender Wrap* House-Made Honey Mustard Shredded Cheddar Cheese Herbed Potatoes 3 Way Vegetable Blend Apple WG Soft Flour Tortilla* 1% Milk	Beef Tacos Shredded Lettuce Shredded Cheddar Cheese Peas & Carrots Banana WG Soft Flour Tortilla* 1% Milk	Chicken Salad Sandwich Shredded Lettuce Green Beans Orange WG House-Made Bun* 1% Milk	Meatball Marinara Spaghetti Pasta Broccoli Pineapple WG House-Made Bread* 1% Milk	Macaroni & Cheese Fresh Broccoli House-Made Ranch Dip Watermelon WG House-Made Bread* 1% Milk
19	20	21	22	23
BBQ Chicken Mashed Potatoes Carrot Coins Orange WG House-Made Dinner Roll* 1% Milk	Beef Nachos Shredded Cheddar Cheese Refried beans Sour Cream Spanish Brown Rice* Banana Corn Tortilla Chips 1% Milk	Turkey A La King* Rotini Pasta Cucumber Slices House-Made Ranch Dip Watermelon WG House-Made Bread* 1% Milk	Cheese Ravioli in Marinara Sauce* Corn Apple WG House-Made Bread* 1% Milk	Diced Turkey & Cheese Wrap Honey Mustard Shredded Lettuce Potato Salad 3 Way Vegetable Blend Hawaiian Fruit WG Soft Flour Tortilla* 1% Milk
26	27	28	29	30
Chicken Alfredo Rotini Pasta 3 Way Vegetable Blend Apple WG House-Made Dinner Roll* 1% Milk	Beef Tacos Shredded Lettuce Shredded Cheddar Cheese Carrots & Peas Banana WG Soft Flour Tortilla* 1% Milk	Macaroni & Cheese Broccoli Melon Mix WG House-Made Bread* 1% Milk	Sweet & Sour Chicken Steamed Rice Tossed Salad House-Made Italian Dressing Orange WG House-Made Bread* 1% Milk	Baked Mostaccioli Green Beans Fresh Pear WG House-Made Bread* 1% Milk