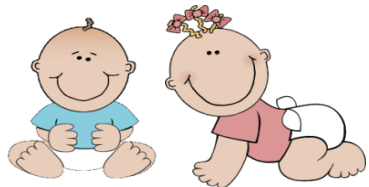


December 2020 Bumble Bee, Sprouts and Super Star/Lil Gardeners Breakfast & Snack Menu



Monday	Tuesday	Wednesday	Thursday	Friday
11/30	12/1	12/2	12/3	12/4
(B) Corn Flake, W/milk banana	(B) 1 Pancakes, milk, pineapple, milk	(B) Oatmeal, Raisins, milk	(B) Raisin Bran Cereal w/Milk, mandarin oranges	(B) Bagel, peaches, milk
(S) Veggie Sticks, Juice or water	(S) Animal Crackers, Juice or water	(S) Graham crackers, Juice or water	(S) Nacho chips, Juice or water	(S) Ritz cracker & String cheese, Juice or water
12/7	12/8	12/9	12/10	12/11
(B) Oat cereal W/milk, peaches	(B) 1 Waffles, milk, Applesauce	(B) 1/2 English Muffins w/ jelly, milk tropical fruit	(B) Corn Puff cereal, milk, pears	(B) Nutri-grain Bar, Fruit cocktail, milk
(S) Goldfish crackers, Juice or water	(S) Saltines w/American cheese, Juice or water	(S) Vanilla wafers, milk or water	(S) Pretzels, Juice or water	(S) Sun chips, Juice or water
12/14	12/15	12/16	12/17	12/18
(B) Corn Flake, W/milk banana	(B) 1 Pancakes, milk, pineapple, milk	(B) Oatmeal, Raisins, milk	(B) Raisin Bran Cereal w/Milk, mandarin oranges	(B) French toast stick peaches, milk
(S) Veggie Sticks, Juice or water	(S) Animal Crackers, Juice or water	(S) Graham crackers, Juice or water	(S) Nacho chips, Juice or water	(S) Ritz cracker & String cheese, Juice or water
12/21	12/22	12/23	12/24	12/25
(B) Oat cereal W/milk, peaches	(B) 1 Waffles, milk, Applesauce	(B) 1/2 English Muffins w/ jelly, milk tropical fruit		
(S) Goldfish crackers, Juice or water	(S) Saltines w/American cheese, Juice or water	(S) Vanilla wafers, milk or water		

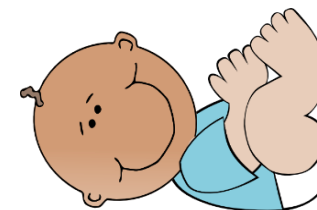


December 2020 Breakfast and Snack Menu for The Snuggle Bugs



Monday	Tuesday	Wednesday	Thursday	Friday
11/30	12/1	12/2	12/3	12/4
(B) 1/2 c. Oat cereal W/milk, applesauce (S) 1/2 c. goldfish , Juice or milk	(B) 1 Pancakes, milk, pineapple, milk (S) saltine crackers, Juice or milk	(B) 1 Graham crackers, fresh fruit, milk (S) 3 vanilla wafers Juice or milk	(B) 1/2 c. Corn Cereal Milk, 1/4 c. peaches (S) Pretzel chip Juice or milk	(B) Bagel, peaches, milk (S) S Ritz crackers, Juice or milk
12/7	12/8	12/9	12/10	12/11
(B) 1/2 c. Oat cereal W/milk, applesauce (S) Vanilla wafers, Juice or milk	(B) 1 Waffles, milk, 1/4 c Applesauce (S) 2 Animal Crackers, Juice or milk	(B) 1/2 English Muffin , milk 1/4 c. tropical fruit (S) 1/2 c. Goldfish , Juice or milk	(B) 1/2 c. Corn Cereal Milk, 1/4 c. peaches (S) Oyster cracker ,Juice or milk	(B) Nutri-grain Bar, Fruit cocktail, milk (S) Cinnamon Grahams, Juice or milk
12/14	12/15	12/16	12/17	12/18
(B) 1/2 c. Oat cereal W/milk, applesauce (S) 1/2 c. goldfish , Juice or milk	(B) 1 Pancakes, milk, pineapple, milk (S) saltine crackers, Juice or milk	(B) 1 Graham crackers, fresh fruit, milk (S) 3 vanilla wafers Juice or milk	(B) 1/2 c. Corn Cereal Milk, 1/4 c. peaches (S) Pretzel chip Juice or milk	(B) 1 French toast stick peaches, milk (S) S Ritz crackers, Juice or milk
12/21	12/22	12/23	12/24	12/25
(B) 1/2 c. Oat cereal W/milk, applesauce (S) Vanilla wafers, Juice or milk	(B) 1 Waffles, milk, 1/4 c Applesauce (S) 2 Animal Crackers, Juice or milk	(B) 1/2 English Muffin , milk 1/4 c. tropical fruit (S) 1/2 c. Goldfish , Juice or milk		

December 2020 Breakfast, Lunch and Snack Menu for Infants



Birth through 3 months

4 through 7 months

8 through 11 months

	Birth through 3 months	4 through 7 months	8 through 11 months
Breakfast	4- 6 fl oz. Enfamil Premium Iron-fortified infant formula or breast milk	4- 6 fl oz. Enfamil Premium Iron-fortified infant formula or breast milk. If Desired 1-3 T Iron fortified Gerber Oatmeal, Rice or Mixed Cereal	6-8 fl oz. Enfamil Premium Iron-fortified infant formula or breast milk and 2-4 T Iron fortified Gerber Oatmeal, Rice or Mixed Cereal and 1-4 T Gerber peaches, pears, bananas or applesauce
Lunch	4- 6 fl oz. Enfamil Premium Iron-fortified infant formula or breast milk	4- 6 fl oz. Enfamil Premium Iron-fortified infant formula or breast milk. If Desired 1-3 T Iron fortified Gerber Oatmeal, Rice or Mixed Cereal	1-4 T Gerber peaches, pears, bananas, applesauce green beans, carrots, squash, peas or sweet potatoes 1-4 T Gerber peaches, pears, bananas or applesauce an/or Gerber chicken, ham or veal
Snack	4- 6 fl oz. Enfamil Premium Iron-fortified infant formula or breast milk	4- 6 fl oz. Enfamil Premium Iron-fortified infant formula or breast milk	6-8 fl oz. Enfamil Premium Iron-fortified infant formula or breast milk. If Desired 1-2 graham cracker squares, saltines, cheerios or 1/4 cup goldfish crackers

Children may start on different jar food due to parent or physician's request