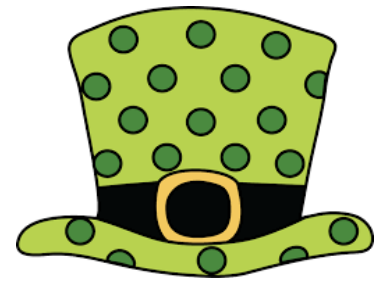


March 2021 Lunch Menu for: Sprouts and Superstars/Lil Gardeners



Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Chicken Tender Wrap Honey Mustard Dip Shredded Cheddar Cheese Seasoned Diced Potatoes Peas & Carrots Apple 2% Milk	Beef Tacos Shredded Lettuce Shredded Cheddar Cheese Green Beans Banana WG Soft Flour Tortilla 2% Milk	Diced Chicken Low Mein Broccoli Pine-Melon WG Bread 2% Milk	Roast Beef & Gravy Mashed Potatoes Carrot Coins Orange WG Bread 2% Milk	Baked Mostaccioli Tossed Salad Italian Dressing Hawaiian Fruit Salad WG Bread 2% Milk
8	9	10	11	12
Lemon Chicken Steamed Rice Carrot Coins Orange WG Dinner Roll 2% Milk	Beef Nachos Shredded Cheddar Cheese Sour Cream Refried Beans Spanish Brown Rice Banana Corn Tortilla Chips 2% Milk	Macaroni & Cheese Fresh Broccoli Ranch Dip Apple WG Bread 2% Milk	Chicken Sloppy Joe Baked French Fries Green Beans Pear WG Bun 2% Milk	Meatball Marinara Spaghetti Pasta Cucumber Slices Ranch Dip Applesauce WG Bread 2% Milk
15	16	17	18	19
Pesto Pasta w/Diced Chicken Carrot Coin Cinnamon Applesauce WG Dinner Roll 2% Milk	Turkey Ham Frittata with Cheese & Veggies Delicious-Made Pancakes Peach Jam Hash Brown Log Roasted Peppers Banana 2% Milk	Beef Chili Rotini Pasta Roasted Vegetables Pineapple WG Corn Bread 2% Milk	Chicken Tacos Shredded Lettuce Shredded Cheddar Cheese Peas & Carrots Orange WG Soft Flour Tortilla 2% Milk	Cheese Ravioli in Marinara Sauce Tossed Salad Italian Dressing Honeydew WG Bread 2% Milk
22	23	24	25	26
Roast Beef & Gravy Mashed Potatoes Roasted Brussel Sprouts Orange WG Dinner Roll 2% Milk	Meatball Marinara Penne Pasta Sautéed Cabbage Banana WG Bread 2% Milk	Chicken Patty Sandwich Ketchup Baked French Fries Cucumber Slices Ranch Dip Hawaiian Fruit Salad WG Bun 2% Milk	Beef Tacos Shredded Lettuce Shredded Cheddar Cheese Spanish Black Beans Apple WG Soft Flour Tortilla 2% Milk	

Note: fresh fruit and veggies are subject to occasional change based on availability