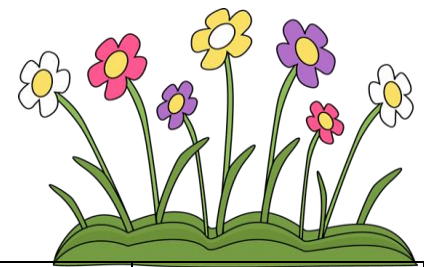


# May 2021 Lunch Menu for: Sprouts, Super Stars/Lil Gardeners



Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Turkey A La King Steamed Brown Rice Green Beans Pear WG Roll 2% Milk	Beef Tacos Shredded Cheddar Cheese Shredded Lettuce Cauliflower Banana WG Soft Flour Tortilla 2% Milk	Macaroni & Cheese Roasted Vegetables Honeydew WG Bread 2% Milk	Lemon Chicken Steamed Rice: Carrot Sticks Ranch Dip Pineapple WG Bread 2% Milk	Salisbury Meatballs Mashed Potatoes Broccoli Orange WG Dinner Roll 2% Milk
10	11	12	13	14
Diced Turkey w/ Country Gravy Mashed Potatoes Green Peas Apple WG Dinner Roll 2% Milk	Chicken Rice Baked Spanish Black Beans Diced Carrots Banana WG Corn Tortilla Chip 2% Milk	Cheese Ravioli in Marinara Tossed Salad Ranch Dip Orange WG Dinner Roll 2% Milk	Beef Tacos Shredded Lettuce Shredded Cheddar Cheese Cilantro Cauliflower Rice Broccoli Honeydew WG Soft Flour Tortilla 2% Milk	Diced Chicken Lo Mein Carrot Sticks Ranch Dip Pine-Melon WG Bread 2% Milk
17	18	19	20	21
Lemon Chicken Diced Potatoes Diced Carrots Apple WG Dinner Roll 2% Milk	Diced BBQ Turkey Steamed Rice Cucumber Slices Italian Dip Orange WG Bun 2% Milk	Pesto Pasta w/Diced Chicken Roasted Vegetables Pine- Melon WG Bread 2% Milk	Beef Nachos Shredded Lettuce Sour cream Roasted Peppers Melon Mix WG Corn Tortilla Chips 2% Milk	Chicken Marinara Spaghetti Pasta Peas Banana WG Dinner Roll 2% Milk
24	25	26	27	28
Swedish Meatballs Rotini Pasta Mashed Carrots Orange WG Bread 2% Milk	Chicken Tacos Shredded Lettuce Shredded Cheddar Cheese Refried Beans Cauliflower Banana WG Soft Flour Tortilla 2% Milk	Cheeseburger Casserole Cucumber Slices Ranch Dip Apple WG Dinner Roll 2% Milk	Diced BBQ Turkey Steamed Rice Green Beans Pineapple WG Bun 2% Milk	Sloppy Joe Baked Fries Tossed Salad Italian Dressing: Pear WG Bun 2% Milk