

June 2021 Lunch Menu for the Sprout and Super Stars/Lil Gardeners



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Memorial Day MAY 31	1	2	3	4
	Beef Tacos Shredded Cheddar Cheese Shredded Lettuce Cauliflower Apple WG Soft Flour Tortilla 2% Milk	Macaroni & Cheese Roasted Vegetables Honeydew WG Bread 2% Milk	Lemon Chicken Steamed Rice: Carrot Sticks Ranch Dip Pineapple WG Bread 2% Milk	Salisbury Meatballs Mashed Potatoes Broccoli Orange WG Dinner Roll 2% Milk
7	8	9	10	11
Diced Turkey w/ Country Gravy Mashed Potatoes Green Peas Apple WG Dinner Roll 2% Milk	Chicken Rice Baked Spanish Black Beans Diced Carrots Banana WG Corn Tortilla Chip 2% Milk	Cheese Ravioli in Marinara Tossed Salad Ranch Dip Orange WG Dinner Roll 2% Milk	Beef Tacos Shredded Lettuce Shredded Cheddar Cheese Cilantro Cauliflower Rice Broccoli Honeydew WG Soft Flour Tortilla 2% Milk	Diced Chicken Lo Mein Carrot Sticks Ranch Dip Pine-Melon WG Bread 2% Milk
14	15	16	17	18
Lemon Chicken Diced Potatoes Diced Carrots Apple WG Dinner Roll 2% Milk	Diced BBQ Turkey Steamed Rice Cucumber Slices Italian Dip Orange WG Bun 2% Milk	Pesto Pasta w/Diced Chicken Roasted Vegetables Pine-Melon WG Bread 2% Milk	Beef Nachos Shredded Lettuce Sour cream Roasted Peppers Melon Mix WG Corn Tortilla Chips 2% Milk	
21	22	23	24	25
Swedish Meatballs Rotini Pasta Mashed Carrots Orange WG Bread 2% Milk	Chicken Tacos Shredded Lettuce Shredded Cheddar Cheese Refried Beans Cauliflower Banana WG Soft Flour Tortilla 2% Milk	Cheeseburger Casserole Cucumber Slices Ranch Dip Apple WG Dinner Roll 2% Milk	Diced BBQ Turkey Steamed Rice Green Beans Pineapple WG Bun 2% Milk	Sloppy Joe Baked Fries Tossed Salad Italian Dressing: Pear WG Bun 2% Milk
28	29	30	July 1	July 2
Turkey A La King Steamed Brown Rice Green Beans Pear WG Roll 2% Milk	Beef Tacos Shredded Cheddar Cheese Shredded Lettuce Cauliflower Banana WG Soft Flour Tortilla 2% Milk	Macaroni & Cheese Roasted Vegetables Honeydew WG Bread 2% Milk	Lemon Chicken Steamed Rice: Carrot Sticks Ranch Dip Pineapple WG Bread 2% Milk	Salisbury Meatballs Mashed Potatoes Broccoli Orange WG Dinner Roll 2% Milk