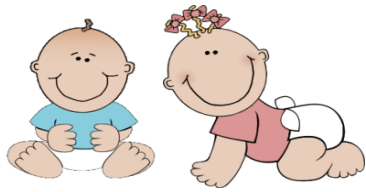


December 2023 Bumble Bee, Sprouts, Superstar and Lil Garteners Breakfast & Snack Menu



Monday	Tuesday	Wednesday	Thursday	Friday
11/27	11/28	11/29	11/30	12/1
(B) Oat cereal W/milk, peaches (S) Goldfish crackers, Juice or milk	(B) 1 Waffles, milk, Applesauce (S) Saltines w/American cheese, milk	(B) 1/2 English Muffins w/ jelly, milk pineapple (S) Vanilla wafers, milk	(B) Corn Chex cereal, milk, *Fresh Fruit (S) Pretzels, Juice or milk	(B) Nutri-grain Bar , pears, milk (S) Sun chips, milk
12/4	12/5	12/6	12/7	12/8
(B) Corn Flake, W/milk * Fresh Fruit (S) Veggie Sticks, Milk	(B) 1 Pancakes, milk, pineapple, milk (S) Animal Crackers, milk	(B) Oatmeal, Raisins, milk (S) Graham crackers, Milk	(B) Raisin Bran Cereal, W/milk, *Fresh Fruit (S) Nacho chips, Juice or Milk	(B) Bagel w/ cream cheese peaches, milk (S) Ritz cracker & String cheese, Milk
12/11	12/12	12/13	12/14	12/15
(B) Oat cereal W/milk, peaches (S) Goldfish crackers, Juice or milk	(B) 1 Waffles, milk, Applesauce (S) Saltines w/American cheese, milk	(B) 1/2 English Muffins w/ jelly, milk pineapple (S) Vanilla wafers, milk	(B) Corn Chex cereal, milk, *Fresh Fruit (S) Pretzels, Juice or milk	(B) Nutri-grain Bar , pears, milk (S) Sun chips, milk
12/18	12/19	12/20	12/21	12/22
(B) Corn Flake, W/milk * Fresh Fruit (S) Veggie Sticks, Milk	(B) 1 Pancakes, pineapple, milk (S) Animal Crackers, milk	(B) Oatmeal, Raisins, milk (S) Graham crackers, Milk	(B) Raisin Bran Cereal, W/milk, *Fresh Fruit (S) Nacho chips, Juice or Milk	(B) French toast stick peaches, milk (S) Ritz cracker & String cheese, Milk

* Fresh Fruit will vary between apples, oranges, pears, plums, watermelon and bananas



December 2023

Breakfast and Snack Menu for The Snuggle Bugs



Monday	Tuesday	Wednesday	Thursday	Friday
11/27	11/28	11/29	11/30	12/1
(B) 1/2 c. Oat cereal W/whole milk, applesauce (S) 1/2 c. goldfish , whole milk	(B) 1 Waffles, whole milk, 1/4 c Applesauce (S) Saltines w/American cheese, whole milk	(B) 1/2 English Muffin , whole milk 1/4 c. tropical fruit (S) 3 vanilla wafers, whole milk	(B) 1/2 c. Corn Puff Cereal whole milk, 1/4 c. peaches (S) Pretzel chip, whole milk	(B) Nutri-grain Bar , pears, Whole Milk (S) 1/2 Graham cracker , whole milk
12/4	12/5	12/6	12/7	12/8
(B) 1/2 c. Oat cereal W/whole milk, applesauce (S) 1/2 Graham cracker , whole milk	(B) 1 Pancakes, whole milk, pineapple, whole milk (S) Animal Crackers, whole milk	(B) 1 Graham crackers, fresh fruit, whole milk (S) 1/2 c. goldfish , whole milk	(B) 1/2 c. Corn Puff Cereal whole milk, 1/4 c. peaches (S) Oyster cracker whole milk	(B) Bagel w/ cream cheese, peaches, milk (S) S Ritz crackers, whole milk
12/11	12/12	12/13	12/14	12/15
(B) 1/2 c. Oat cereal W/whole milk, applesauce (S) 1/2 c. goldfish , whole milk	(B) 1 Waffles, whole milk, 1/4 c Applesauce (S) Saltines w/American cheese, whole milk	(B) 1/2 English Muffin , whole milk 1/4 c. tropical fruit (S) 3 vanilla wafers, whole milk	(B) 1/2 c. Corn Puff Cereal whole milk, 1/4 c. peaches (S) Pretzel chip, whole milk	(B) Nutri-grain Bar , pears, Whole Milk (S) 1/2 Graham cracker , whole milk
12/18	12/19	12/20	12/21	12/22
(B) 1/2 c. Oat cereal W/whole milk, applesauce (S) 1/2 Graham cracker , whole milk	(B) 1 Pancakes, whole milk, pineapple, whole milk (S) Animal Crackers, whole milk	(B) 1 Graham crackers, fresh fruit, whole milk (S) 1/2 c. goldfish , whole milk	(B) 1/2 c. Corn Puff Cereal whole milk, 1/4 c. peaches (S) Oyster cracker whole milk	(B) 1 French toast stick peaches, whole milk (S) S Ritz crackers, whole milk



Birth through 3 months

December 2023

Breakfast and Snack Menu for The Snuggle Bugs



4 through 7 months

8 through 11 months

Breakfast	4- 6 fl. oz. Enfamil Premium Iron-fortified infant formula or breast milk	4- 6 fl. oz. Enfamil Premium Iron-fortified infant formula or breast milk. If Desired 1-3 T Iron fortified Gerber Oatmeal, Rice or Mixed Cereal	6-8 fl. oz. Enfamil Premium Iron-fortified infant formula or breast milk and 2-4 T Iron fortified Gerber Oatmeal, Rice or Mixed Cereal and 1-4 T Gerber peaches, pears, bananas or applesauce
Lunch	4- 6 fl. oz. Enfamil Premium Iron-fortified infant formula or breast milk	4- 6 fl. oz. Enfamil Premium Iron-fortified infant formula or breast milk. If Desired 1-3 T Iron fortified Gerber Oatmeal, Rice or Mixed Cereal	1-4 T Gerber peaches, pears, bananas, applesauce green beans, carrots, squash, peas or sweet potatoes 1-4 T Gerber peaches, pears, bananas or applesauce an/or Gerber chicken, ham or veal
Snack	4- 6 fl. oz. Enfamil Premium Iron-fortified infant formula or breast milk	4- 6 fl. oz. Enfamil Premium Iron-fortified infant formula or breast milk	6-8 fl. oz. Enfamil Premium Iron-fortified infant formula or breast milk. If Desired 1-2 graham cracker squares, saltines, cheerios or 1/4 cup goldfish crackers

Children may start on different jar food due to parent or physician's request