







Four-Year-Old Preschool (M/W/F)

# January 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 No School	2 No School	3 No School	4 No School	5 No School	
Kk Week <b>K</b>	8 Movement 	9	10 Team Sports 	11	12 Individual Sports 	
Ll Week <b>L</b>	15 No School	16	17 Health & Nutrition <b>HEALTH</b>	18	19 Fruits & Vegetables 	
Mm Week <b>M</b>	22 Healthy Mindset: I Am Special!	23	24 Growth Mindset: I Can Do Anything!	25	26 Yoga & Relaxation 	
Nn Week <b>N</b>	29 Personal Hygiene & Handwashing 	30	31 Sleep <b>ZZZZ</b>			