

# February 2025 Lunch Menu

## For the Sprouts, Super Stars

### And Lil Gardeners



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
Salisbury Steak Mashed Potatoes Green Peas Apple WG Corn Bread 1/2 Milk	Chicken Cacciatore Penne Pasta Green Beans Banana WG Wheat Bread 1/2 Milk	Beef Nachos Shredded Cheddar Cheese Sour Cream Diced Carrots Orange WG Corn Tortilla Chips 1/2 Milk	Chicken Parmesan w/Noodles Broccoli Pear WG Wheat Bread 1/2 Milk	WG Cheese Ravioli in Marinara Sauce Cucumber Slices Ranch Dressing Diced Fresh Fruit WG Wheat Bread 1/2 Milk
10	11	12	13	14
Pesto Pasta with Chicken Green Peas Apple WG Corn Bread 1/2 Milk	Beef Meat Sauce Spaghetti Noodles Cauliflower Banana WG Wheat Bread 1/2 Milk	Fajita Chicken Skillet with Cheese Refried Beans WG Corn Orange WG Soft Wheat Tortilla 1/2 Milk	Macaroni and Cheese Broccoli Pear WG Wheat Bread 1/2 Milk	Cheesy Potato Meatloaf Casserole: Tossed Salad Italian Dressing Diced Fresh Fruit WG Wheat Bread 1/2 Milk
17	18	19	20	21
Turkey Hot Dog HM Ketchup Oven Browned Potatoes Diced Carrots Apple WG Hot Dog Bun 1/2 Milk	BBQ Pulled Chicken Rainbow Potatoes Broccoli Banana WG Bun 1/2 Milk	Beef Stuffed Pepper Casserole with Rice Green Beans Orange WG Wheat Bread 1/2 Milk	Cheesy Taco Rice Spanish Black Beans Pear WG Corn Tortilla Chips 1/2 Milk	Ziti Pasta w/Chicken in a Creamy Red Sauce Cucumber Slices Ranch Dressing Diced Fresh Fruit WG Bread 1/2 Milk
24	25	26	27	28
WG Chicken Nuggets Ketchup Rotini Pasta Green Peas Apple WG Dinner Roll 1/2 Milk	Chicken Lo Mein Cauliflower Banana WG Wheat Bread 1/2 Milk	Three Cheese Pasta Bake Fresh Broccoli Ranch Dressing Orange WG Wheat Bread 1/2 Milk	Chicken Potato Tacos Shredded Cheddar Cheese Spanish Rice Brussel Sprouts Pear WG Soft Flour Tortilla 1/2 Milk	Beef Mostaccioli Sliced Cucumber Slices Ranch Dressing Diced Fresh Fruit WG Wheat Bread 1/2 Milk

Note: fresh fruit and veggies are subject to occasional change based on availability