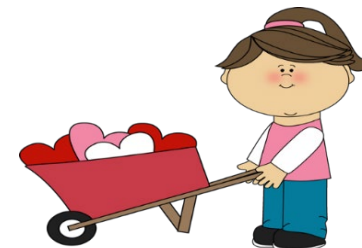
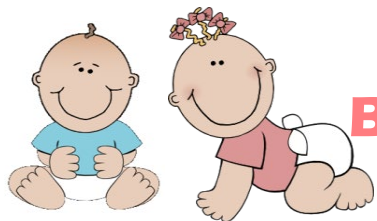


# February 2025 Sprouts, Superstar and Lil Gardeners Breakfast & Snack Menu



Monday	Tuesday	Wednesday	Thursday	Friday
2/3	2/4	2/5	2/6	2/7
(B) Corn Flake, w/milk * Fresh Fruit (S) Veggie Sticks, Juice or Milk	(B) 1 Pancakes, pineapple, milk (S) Animal Crackers, milk	(B) Oatmeal, Raisins, milk (S) Graham crackers, Milk	(B) Rice Krispy Cereal, W/milk, *Fresh Fruit (S) Nacho chips, Juice or Milk	(B) French toast stick peaches, milk (S) Ritz cracker & String cheese, Milk
2/10	2/11	2/12	2/13	2/14
(B) Oat cereal w/milk, peaches (S) Goldfish crackers, Juice or milk	(B) 1 Waffles, milk, Applesauce (S) Saltines w/American cheese, milk	(B) 1/2 English Muffins w/ jelly, milk pineapple (S) Vanilla wafers, milk	(B) Corn Chex cereal, milk, *Fresh Fruit (S) Pretzels, Juice or milk	<p><b>Breakfast w/ your love</b></p> <p><b>Valentine's Day PARTY</b></p>
2/17	2/18	2/19	2/20	2/21
(B) Corn Flake, w/milk * Fresh Fruit (S) Veggie Sticks, Juice or Milk	(B) 1 Pancakes, milk, pineapple, milk (S) Animal Crackers, milk	(B) Oatmeal, Raisins, milk (S) Graham crackers, Milk	(B) Rice Krispy Cerea, W/milk, *Fresh Fruit (S) Nacho chips, Juice or Milk	(B) Bagel w/ cream cheese peaches, milk (S) Ritz cracker & String cheese, Milk
2/24	2/25	2/26	2/27	2/28
(B) Oat cereal w/milk, peaches (S) Goldfish crackers, Juice or milk	(B) 1 Waffles, milk, Applesauce (S) Saltines w/American cheese, milk	(B) 1/2 English Muffins w/ jelly, milk pineapple (S) Vanilla wafers, milk	(B) Corn Chex cereal, milk, *Fresh Fruit (S) Pretzels, Juice or milk	(B) Nutri-grain Bar , pears, milk (S) Sun chips, milk

\* Fresh Fruit will vary between apples, oranges, pears, plums, watermelon and bananas



**February 2025**

**Breakfast and Snack Menu for Snuggle Bugs (over 1 year) and Bumblebees**

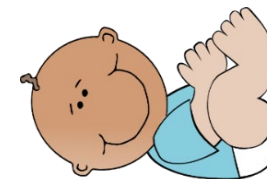


Monday		October		Wednesday		Thursday		Friday	
2/3	2/24	2/4	2/25	2/5	2/26	2/6	2/27	2/7	2/28
(B) 1/2 c. Oat cereal W/whole milk, applesauce	(B) 1 Pancakes, whole milk, pineapple, whole milk	(B) 1 Graham crackers, fresh fruit, whole milk	(B) 1/2 c. Corn Puff/Flake Cereal whole milk, 1/4 c. peaches	(B) 1 French toast stick 1/4 c Applesauce whole milk	(S) 1/2 Graham cracker , whole milk	(S) Animal Crackers, whole milk	(S) Veggie straws whole milk	(S) S Ritz crackers (with String cheese for Bumblebees only), whole milk	
2/10	2/11	2/12	2/13	2/14					
(B) 1/2 c. Oat cereal W/whole milk, applesauce	(B) 1 Waffles, whole milk, 1/4 cup pineapple	(B) 1/2 English Muffin , whole milk 1/4 c. tropical fruit	(B) 1/2 c. Corn Chex Cereal whole milk, 1/4 c. peaches			(S) 1/2 c. Goldfish , whole milk or juice	(S) Saltines w/American cheese, whole milk	(S) Oyster cracker whole milk or juice	
2/17	2/18	2/19	2/20			2/21			
(B) 1/2 c. Oat cereal W/whole milk, applesauce	(B) 1 Pancakes, whole milk, pineapple, whole milk	(B) 1 Graham crackers, fresh fruit, whole milk	(B) 1/2 c. Corn Puff/Flake Cereal whole milk, 1/4 c. peaches	(B) 1 French toast stick 1/4 c Applesauce whole milk	(S) 1/2 Graham cracker , whole milk	(S) Animal Crackers, whole milk	(S) Veggie straws whole	(S) S Ritz crackers (with String	
2/24	2/25	2/26	2/27	2/28					
(B) 1/2 c. Oat cereal W/whole milk, applesauce	(B) 1 Waffles, whole milk, 1/4 c Applesauce	(B) 1/2 English Muffin , whole milk 1/4 c. tropical fruit	(B) 1/2 c. Corn Chex Cereal whole milk, 1/4 c. peaches	(B) Nutri-grain Bar , pears, Whole Milk	(S) 1/2 c. Goldfish , whole milk or juice	(S) Saltines w/American cheese, whole milk	(S) 3 Vanilla wafers, whole milk	(S) Oyster cracker whole milk or juice	(S) 1/2 Graham cracker , whole milk



**February 2025**

**Breakfast and Snack Menu for Snuggle Bugs (under one year)**



	Birth through 3 months	4 through 7 months	8 through 11 months
Breakfast	4- 6 fl. oz. Enfamil Premium Iron-fortified infant formula or breast milk	4- 8 fl. oz. Enfamil Premium Iron-fortified infant formula or breast milk. If Desired 1-3 T Iron fortified Gerber Oatmeal, Rice or Mixed Cereal(optional)	6-8 fl. oz. Enfamil Premium Iron-fortified infant formula or breast milk and 2-4 T Iron fortified Gerber Oatmeal, Rice or Mixed Cereal and 1-4 T Gerber Fruit and/or Vegetable
Lunch	4- 6 fl. oz. Enfamil Premium Iron-fortified infant formula or breast milk	4- 8 fl. oz. Enfamil Premium Iron-fortified infant formula or breast milk. If Desired 1-3 T Iron fortified Gerber Oatmeal, Rice or Mixed Cereal (optional) 1-4 T Gerber Fruit and/or Vegetable (optional)	6-8 fl. oz. Enfamil Premium Iron-fortified infant formula or breast milk. 2-4 T Iron fortified Gerber Oatmeal, Rice or Mixed Cereal and/or 1-4 Tbsp. meat, fish, poultry, egg yolk, or cooked dry beans or peas or ½-2 oz. cheese or 1-4 oz. cottage cheese, cheese food, or cheese spread 1-4 T Fruit and/or Vegetable
Snack	4- 6 fl. oz. Enfamil Premium Iron-fortified infant formula or breast milk	4- 6 fl. oz. Enfamil Premium Iron-fortified infant formula or breast milk	6-8 fl. oz. Enfamil Premium Iron-fortified infant formula or breast milk or whole milk or fruit juice If Desired 1-2 graham cracker squares, saltines, cheerios or 1/4 cup goldfish crackers (optional)

**Children may start on different jar food due to parent or physician's request**